

COMMUNAL DIRECTORY ACCESS

CONFLICT ARTISTRY LLC





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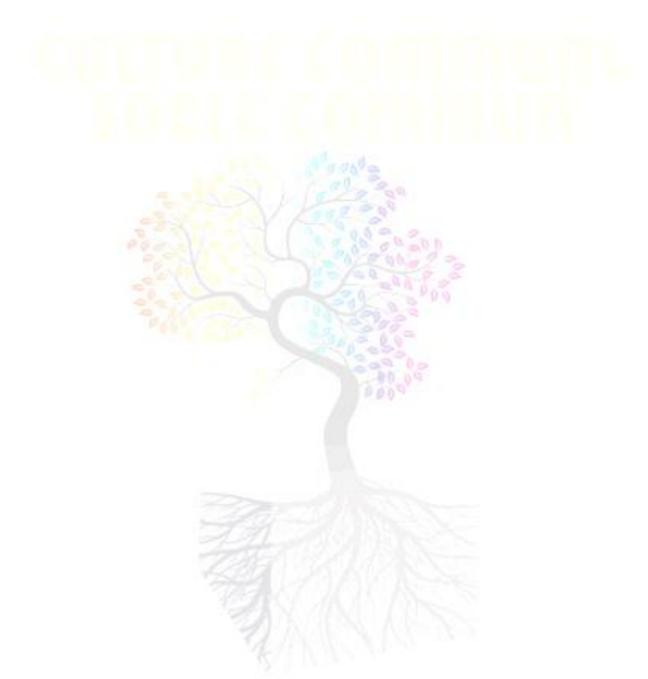
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ADDICTION RECOVERY SERVICES

Gambling Recovery/Treatment Services

AGENCY	CONTACT	INSURANCE/FEE	NOTES
Meridian Gambling Program (Emergence)	2149 Centennial Plaza Suite 4, Eugene 541-741-7107	V Jane	Outpatient gambling treatment.
National Problem Gambling Hotline 800-522-4700 Call or text	800-522-4700 Call or text	The state of the s	Resource referrals for every state. 24/7, 100% confidential.
Problem Gambling Hotline (Oregon)	877-MyLimit Call or text		Free, confidential help. Referrals to gambling treatment services
Emergence Addiction and Behavioral Therapies	78 A Centennial Loop, Eugene 541-393-0777	OHP, Sliding scale	12-week intensive outpatient smoking cessation
Oregon Tobacco Quit Line	800-784-8669 Available 24/7	FREE	Talk or chat online with an expert Quit Coach. Find smoking cessation programs based on your location and insurance at http://www.quitnow.net/oregon
Serenity Lane Alcohol and Drug Treatment Services	4211 W 11th Ave, Eugene 541-485-1577 out-patient 91150 Coburg Industrial Way clients with dual diagnoses. 541-687-1110 in-patient	Private insurance, private pay, some OHP I	In-patient & outpatient treatment. Able to treat. 91150 Coburg Industrial Way
DRUG REHAB CENTERS IN THE UNITED STATES	1-800-304-2219		Directory and confidential referral service for drug and alcohol rehabilitation services in the US. 1-800-304-2219
OTIP - Quit Tobacco in Pregnancy	541-682-4440	FREE	Incentive program that helps pregnant women quit smoking. Women who successfully quit smoking can earn up to \$250 in gift cards. 8am to 5pm Mon – Fri.



Heroin Anonymous World Services			12-step meetings for people in recovery from addiction to heroin.
Lane County Area Narcotics Anonymous	541-729-0080 24-hour helpline		12-step meetings for people experiencing addiction to narcotics.
Center for Family Development	1258 High St., Eugene 541- 342-8437	OHP, sliding scale, other ins	Counseling, recovery programs, relapse prevention planning. Drop-in assessments M-T 11AM-4PM
Centro Latino Americano	944 W 5th, Eugene 541-687- 2667	\$10-25 sliding scale, OHP	Addiction support for Spanish speaking adults and teens. Youth mentoring age 7-16.
Al-Anon Family Groups	541-265-4365	1 (3 3 3 5	Free 12-step meetings for families and friends of people experiencing addiction to alcohol. Call or check website for meeting times
Co-Dependents Anonymous (CoDA)	341 E 12th Ave Eugene, .541-341-1657 or 541-505-2956	. Hours: Sa 12-1pm coda.org	A 12-step recovery program from co-dependence. The only requirement for membership is a desire for healthy and loving relationships.
Lane County Methadone Treatment Program	151 W 7th Ave., Rm. 163 Eugene 541-682-4464		Provides outpatient chemical dependency treatment for adults. with opiate addictions. Hours: M-F 6am-10am; Sa/Su 7am-10am
Emerald Valley Intergroup of Alcoholics Anonymous	541-342-4113	100	Free 12-step meetings for people in recovery from addiction to alcohol.
Buckley's Sobering Services	541-762-4575	OHP, sliding scale, other ins.	Support for substance users who need to withdraw safely from substances & achieve sobriety in a caring environment

Chrysalis Behavioral Health Outpatient Services	350 E 11th Ave, Eugene 541-683-1641	OHP, sliding scale	Outpatient. Peer counseling, groups, court referred DUI, acupuncture tx for withdrawals
Emerald Valley Intergroup (EVI)	2160 W 11th Ave Suite, Eugene 541-342-4113	FREE	EVI has many local face-to-face and online meetings. https://eviaaweb.org



Emergence Addiction and Behavioral Therapies	Springfield - 541-746-4041 Cottage Grove - 541-767- 3057 Florence - 541-997- 8509 Eugene - 541-393-0777	OHP, sliding scale, other ins.	Outpatient. Specialties: drug court, DUI, corrections, gambling, mental health, smoking cessation. Juntos Program in Spanish: 541-746-4041
HIV Alliance Prime Peer Program	1195 City View Street, Eugene *Jonathan Duncan - 541-359-7897 *Melrose Mask - 541-323-5088 *Sam Marcus - 541-342-5088, ext. 304	OHP, sliding scale for people without insurance	Peer professionals assist others dealing with substance disorders. Help accessing services, insurance enrollment, harm reduction supplies, practical advice regarding treatment & safer injection practices.
Integrated Health Clinics	715 Lincoln St, Eugene 541- 344-3574	OHP, sliding scale, other ins.	Outpatient treatment for opioid addiction. Group / individual counseling.
JESCO Club	340 Blair Blvd, Eugene 541- 686-0538	FREE	Addiction Services, meetings, community for recovering addicts and their families.
Looking Glass Counselling	260 E 11th Ave, Eugene 541- 484-4428	OHP / other insurance	Addiction counseling for youth under 21.
Phoenix Treatment	2727 Martin Luther King Jr. Blvd. Eugene 541-682-7933		Residential addiction treatment for youth, individual / family / group therapy, recreation therapy, tutoring, individualized goals.
FAIR (Families Actively Improving Relationships)	10 Shelton McMurphey Blvd, Eugene 541-485-2711	OHP	Intensive outpatient, community-based program to help parents experiencing challenges related to parenting, substance use & mental health.
LANE COUNTY TREATMENT CENTER	432 W 11th Ave Room 170, Eugene 541-682-4464	OHP, self-pay, other insurance	Methadone dispensing & monitoring, counseling, drug screens, crisis intervention, HIV education & risk assessment. Resource referrals as needed.
Relief Nursery	1720 W. 25th Ave, Eugene 541-343-9706 850 S 42nd Ave, Springfield 541-485-0007	FREE	Parents for Recovery: Support group for parents in recovery from drug & alcohol addiction. Peer Support for parents participating in other Relief Nursery programs or referred by DHS
Restored Connections Peer Center	146 E 12th Ave, Eugene 541-636-3506	FREE	Recovery Peer Mentors, housing support, supported employment, support accessing medical services, drop-in peer center.



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2. Outpatient Services

AGENCY	CONTACT	POPULATION SERVED	INSURANC E/FEE	NOTES
Nar-Anon Family Eugene- Springfield Group	Phone (310) 534-8188 local (800) 477-6291 toll free Mail 23110 Crenshaw Blvd. Suite A, Torrance, CA 90505 Email wso@nar-anon.org English osm@nar-anon.org Espanol	ALL		Support group meetings for family members and friends affected by a loved one's drug or alcohol abuse. Call for meeting times and places. No dues or fees. Hours: M-Th 9-4; F 9-3
Rapid Access Center	Willamette Family, Inc. Rapid Access Center Tel.: (541) 762-4300 Fax: (541) 762-0738 TabithaC@wfts.org,ColleenS@wfts. org,AmyZ@wfts.org			Same day treatment services for those in crisis with mental health issues and alcohol or drug abuse. After intake, there are immediate services, including transportation to sober or detox. Transitional housing is available for clients only. Walk in or call. Hours: M-Th 8-5, F 8-4:30
WASHINGT ON COUNTY BEHAVIORA L HEALTH HAWTHORN WALK-IN CENTER	Suite 150 Hillsboro, OR 97124 (503) 291-9111 bhadminsupport@washingtoncoun tvor.gov Hours: Sunday noon-4pm/ Monday- Thursday 9am-6pm	Eligibility: Unrestricted. Concerned loved ones may also receive support and information about available community services.	00	Provides urgent care services for mental health and addiction concerns. Services include assessment for mental health and/or addiction concerns, crisis counseling, information and referral, education on mental health and addiction, peer support, and connection to treatment providers.
Eugene VA Clinic	3355 Chad Dr, Eugene 541-607-0897 Main phone: 541-607-0897 Mental health care: 541-242-0440	VAs		Mental health services, outpatient alcohol treatment & aftercare.



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3. Recovery House

Homes	Address/Contact	Insurance/fees	Access	NOTES
Fairhaven Recovery House 4	14295 SW Lisa Ln Beaverton, OR 97005, (503) 520-0338			
Healthy Homes – Sober Living	11575 SW Pacific Hwy, Tigard, OR 97223, United States 7am to 8pm Monday - Friday 10am to 5pm Saturday - Sunday,		Men only	comfortable, quality homes for people seeking safe and supportive sober housing.
Pine Street Recovery Housing Oregon	MAIN OFFICE: 2335 N Clark ave Portland OR 97227, +1 (971) 291 3993	We welcome individuals of all ages and backgrounds. Joining the Pine Street family comes with a one-time membership fee of \$300 per person (covering all UAs). Couples are also welcome with an additional monthly rent of \$300.	12-beds	At Pine Street Recovery Housing, we're more than just a sober living environment. We're a tight-knit family that walks with you on your recovery journey
Sober Housing Oregon	https://www.soberhousingorego nllc.com/uploads/b/e1088880- 4162-11eb-995b- 996a09c59909/GUEST%20AP PLICATION.docx	400	14	Sober Housing Oregon has multiple locations around the metro area, all near public transportation and other resources.
Oxford Housing	https://www.oxfordvacancies.c om/howTo.aspx			Oxford House has leased privately owned homes nationwide on behalf of people in early recovery from addiction, alcoholism, and mental illness since 1975.



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BASIC NEEDS:

- 1. SNAP
- 2. Laundry Services
- 3. Shower
- 4. Parking
- 5. Resource Rooms
- 6. Household Items
- 7. Hygiene Products
- 8. Bus passes
- 9. Haircut services
- 10. Gap Services

Agency	Contact	Population Served	Insurance/ Fee	NOTES
Department of Human Services	2101 W. 11 th Ave., Eugene. 541-686- 7722	Hours: M-F 7AM - 6PM -		State- and federally funded services. Food benefits (SNAP), employment services, cash assistance (TANF), domestic violence services, child welfare services, health benefits (OHP), senior citizens services. Also, apply for free phones, search for jobs, bathrooms. Apply for services by paper or by computers provided.
ALL SAINTS EPISCOPAL CHURCH SHOWERS AND LAUNDRY	4033 SE Woodstock Boulevard Portland, OR 97202	Eligibility: Unrestricted	FREE	Services: Laundry Facilities Public Showers/Baths Other Services Offered at This Location: FOOD - HOT MEALS SIT DOWN FOOD - WOODSTOCK PANTRY THRIFT STORE & BOOK NOOK
First Place Family Center	Phone:(541) 342- 7728 1995 Amazon Parkway Eugene, OR 97405	Hours: 7 days 8AM - 5PM		Offers a daytime facility for families with children, meals, mail service, laundry, computers, preschool, limited overnight accommodations, and referrals for jobs, housing, and recovery.
St. Vincent de Paul – Eugene Service Station	450 Highway 99 North Eugene. 541- 461-8688	Eligible families may also access the Night Shelter Hours 7 days a week 8:00 a.m5:00 p.m. adults 18 and over		A day access center for adults 18 and over meals, meals, bathrooms, laundry services, showers, telephones, mail services, and gift cards that can be used in St. Vinnie's gift cards to be used for clothing and items for the unsheltered.



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G-Street Oasis	1175 G St. Springfield 541- 214-0260 or email gstreet@ccslc.org Hours: M-F 9AM - 3PM			Provides day shelter and other services for homeless families with children. Laundry, hygiene supplies, bathrooms, kitchen facilities and showers available. Also provides limited transitional housing and referrals for families. To obtain services one must be registered in phone above to register, or email gstreet@ccslc.org the program, please call
White Bird – Front Rooms Resource Center	341 E. 12th Ave, Eugene. 541-342- 8255 https://hipaa.jotform .com/203625245190 147 Fax: 541-342-7987	Appointment: No Childcare: No Eligibility: Yes	Fees: No	White Bird Front Rooms provides water, a mail/messaging service, phone access, clothing, bathrooms, and indoor shelter for up to two hours at a time. Referrals and information are available by phone or walk in. Also provides vouchers for no cost vision exams, lenses, and frames. Hours: 7 days, 8AM-10PM
First Christian Church — Helping Hand Room	1166 Oak St. Eugene, 541-344- 1425	5		Provides clothing for all ages, including baby clothes, kitchen items, and bedding to those in need. Items are used and in good condition. Hours: TTh 12-2pm
St. Vincent de Paul – Eugene Service Station	Hours 7 days a week 8:00 a.m5:00 p.m. 450 Highway 99 North Eugene 			The Eugene Service Station, a day access center for adults 18 and over meals, meals, bathrooms, laundry services, showers, telephones, mail services, and gift cards that can be used in St. Vinnie's gift cards to be used for clothing and items for the unsheltered.
Catholic Community Services Springfield Center	1025 G St, Springfield. 541- 345-3628 xt 324	Hours: T-F 9am-4:30pm	9	Clothing closet is open from Tuesday – Saturday from 9:30 a.m. to 12 p.m. Also available is a food pantry 9-12:45 WFS. Utility help, housing resources, personal hygiene, prescription assistance, rental assistance and SNAP enrollment assistance are also available.
Ebbert United Methodist Church	532 C Street, Springfield. 541- 746-3513			Meals served. Breakfast on Mondays from 8:00 am to 11:00 am. Sack lunches on Tuesdays and Thursdays from 8:00 am to 11:15 pm. Community meal on Wednesdays from 4:30-7pm. Saturday dinner at 4pm provided by Hope House. Clothing closet open Monday and Wednesday at mealtimes. Hours: MTTHF 8-11am, W 4:30-7pm
15 Th Night	Call or text 24/7- 541-246-4046 info@15thNight.org	3	(87	Support homeless youth in accessing resources and services (clothing/shoes, personal care products, backpacks, food, housing specialist, transportation, doctor's appointments, counseling, mentors/peer support, youth advocate, application assistance, library cards, etc.



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Community Sharing Program	541-942-2176 1245 Birch Ave, Cottage Grove			Food boxes, rent / utility assistance, emergency shelter, limited medical/ dental /prescription.
Carry It Forward	541-654-0139 info@carryitforward .net			Serves unhoused people through advocacy, outreach, urgent response, public shower service, a continuum of shelter options, and workforce development
Catholic Community Services	541-345-3628 1464 W 6th, Eugene	A Torral S		Clothing, bus passes, diapers, birth certificate / ID assistance, personal care items, SNAP enrollment
F.I.S.H St. Mary's Church	541-688-3269 440 Maxwell Rd, Eugene		0 200	Emergency food boxes, propane, help pay for medication. Open MondayFriday,10-2:30. Call to request food box.
Home Starter Kit Church of the Resurrection	541-686-8462 3925 Hilyard, Eugene			Household items for homeless people moving into a new home. Print app, complete, & mail / deliver.
Hope to dream	https://www.ahopet odream.com/whowe are#contact-us	Nominate a child on their website.	200	Supported by Ashley Home Stores, Hope to Dream provides a twin mattress, bed frame, bedding and pillow.
Eugene Mission	1542 W 1st Ave., Eugene., 541- 344-3251	7 **	100	Clothing is available to those who request items before 9am, Monday-Friday. Meals, overnight shelter, day shelter, showers and hygiene items are also available. Hours: M-F 7am-1pm
First Way of Eugene 1162 B St.	1162 B St. #213 Springfield 541- 687-8651	Pregnant women can be signed up for insurance and receive referrals for health services. Hours: TWTh 10-4	224	Provides pregnancy tests, ultrasound, baby and toddler clothes, baby wipes, diapers, all without charge.
Looking Glass – New Roads Program	941 W 7th, Eugene, 541-686-2688	Youths		Day shelter and food for youth 16-21 only. Food, clothing, showers, and assistance with employment, transitional and permanent housing. Meals: Breakfast - 8:30 - 9:30 am Lunch - 12:00 - 1:00 pm Snacks - 3-3:30 pm Hours: M-F, 8:30-3:30
Solidarity Share Fair	Email:sharefair@nei ghborhoodanarchist s.org contact@neighborh oodanarchists.org	7	(1)	Every month Share Fair gives away free items they have collected from the community. They offer meals, clothes, household supplies, services, and face-to-face contacts with local services. Look at the website for the location and date this



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			month. Hours: Last Tuesday of every month, 3-6:30pm.
Springfield Adventist Community Center	Springfield Adventist Church 1630 12th St Springfield, OR 97477-2601 541-746-8263	If you have clothing or food need outside our scheduled hours, we still want to help! Please call our office and let us know how we may help you.	COMMUNITY SERVICES Right next door to the church is our Community Services Center building (1546 N. 12th St), part of the world-wide Adventist Community Services. We hand out food boxes and clothing every Tuesday .
Hosea Youth Services	541-344-5583 834 Monroe, Eugene	For youth 22 & under.	For youth 22 & under. Showers, food, laundry, hygiene, clothing.
Love for Lane	Tammie@loveforla necounty.org 541-653-8537		Short-term practical, hands-on assistance, "gap services" that other agencies are unable to meet. We take donations and turn them over to those that need a restart. We offer Medical Rides. Prayer is always available!
Sleep in Heavenly places	844-432-2337 x5113 Contact Connie & Bryce Jonas	Families	To request a bed or refer to a family: www.shpbeds.org/request-bed. Families must have a room large enough to fit one of the beds
7th-day Adventist Community Service Center	541-689-6747 456 Hwy 99, Eugene		Serving all of Lane County with food boxes and a clothing closet in adult and child sizes. Services are available once a month unless there is an emergency.
Hope Project helps	http://www.hopepro jecthelps.com/ask		Online application for needs falling through the cracks of traditional systems. Give as much detail as you can. No ask is too big or too small!
4J School District	200 N. Monroe, Eugene 541-687- 3349 Contact Us <u>541-790-7700</u> <u>541-790-7711</u>	For 4J families.	The 4J Family Welcome Center serves as a bilingual/bicultural Org, The vision is to connect families to community resources, assist with basic needs, and assess and evaluate academic placement.
Love your Laundry	Holiday Coin L 14th St across f Outlet, Springfi 179 14 th str Spr 97477 541-726-1751	rom Grocery eld	FREE Free access to the laundromat, 2nd Monday of each month, 5-8pm & the last Thursday of each month, 10am-12pm. 1st come, 1st served. 6 load max.



North Star Pathways	North Star Pathways 2809 Shirley St. Eugene, Oregon 97404 Main Office (541) 972-0775		Clothing, diapers, and other items for foster children. To receive a Foster Baby Care Basket, complete the form on their website: https://northstarpathways.org/closet/Baskets delivered anywhere within Lane County.
Oregon Family Support Network	South Oregon 72A Centennial Loop; Suite #150 Eugene, OR 97401 Regional Manager: Natasha Hyatt natashah@ofsn.net Phone: 541.530.9276		Clothing closet for families who are raising a child with emotional, behavioral, or mental health challenges. Call for hours.
SVDP	On Olive Street, behind Eugene Library ,541-689-6747		Day use locked storage lockers, attended during the day. Hours: 9-5:30 daily
AGAPE FELLOWSHIP HOMELESS SERVICES	1089 SW 50th Street Lincoln City, OR 97367 Hours: Thursday noon-3pm (541) 994-3166	Eligibility: Unrestricted	Shower and laundry facilities on a first come basis. Laundry is limited to two small loads.
ALL SAINTS EPISCOPAL CHURCH SHOWERS AND LAUNDRY	4033 SE Woodstock Boulevard Portland, OR 97202 503) 777-3829, office@allsaintspdx.org	Eligibility: Unrestricted Hours: Saturday noon- 2pm	Provides shower and laundry facilities.
CANBY CENTER SOCIAL SERVICES	(503) 266-2920 tcc@thecanbycenter.org 681 SW 2nd Avenue Canby, OR 97013		The Center offers a clothing exchange that is accessible once a month. Blankets, sleeping bags, and toiletries are available at times. Clothing donations accepted. Also has a washer and dryer available on a first come first served basis.
Eugene Missions	1542 W 1st Ave. Eugene. 541- 344-3251		Free haircuts are available. Please call for the schedule. Eugene Mission also provides overnight shelters, day shelters, meals, showers, clothing and more
CCS Eugene Center	1464 W 6th Ave, Eugene 541- 345-3628 xt. 404	100 M	Hygiene items, food pantry, utility help, prescription assistance
Catholic Community Services Springfield Center	1025 G St, Springfield, 541- 345-3628 xt 324		Hygiene items, clothing room, food pantry, utility help, housing resources, personal hygiene, prescription assistance, rental assistance



Eugene Mission	1542 W 1st Ave. Eugene 9740, 541-344-3251			Mail service is available for overnight guests. Eugene Mission also offers overnight shelters, day shelters, meals, clothing, showers, toiletries, haircuts, and snacks.
First Place Family Center	1995 Amazon Parkway, Eugene ,541-342-7728	Hours: 7 days 8am-5pm		Offers a daytime facility for families with children, meals, mail service, laundry, computers, preschool, limited overnight accommodations, and referrals for jobs, housing, and recovery
White Bird – Front Rooms Resource Center	341 E. 12th Ave, Eugene ,541-342-8255	available to all, with a focus on assistance to people with low incomes or special needs. Phone and walk-up assistance are available.	FREE	White Bird Front Rooms provides water, a mail/messaging service, phone access, clothing, bathrooms, and indoor shelter for up to two hours at a time. Referrals and information are available by phone or walk in. Also provides vouchers for no cost vision exams, lenses, and frames.
Eugene Mission	1542 W 1st Ave., Eugene., 541-344-3251	Women with children can contact the Mission for shower time. Eugene Mission also provides overnight shelters, day shelters, clothing, haircuts, hygiene items, meals, case management and referrals.		Showers are available for those who stay overnight and for those who walk in. Men can shower from 8am-1pm and 4:30-6:30pm MF. Women can shower from 9-11am M-F.
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CARE:

- 1. Childcare
- 2. Family Services
- 3. Recreational Activities: Gardening, Museum, Swimming
- 4. Educational Advocacy
- 1. Childcare

AGENCY	CONTACT	POPULATION SERVED	INSURANCE/FEE	NOTES
COMMUNITY SHARING PROGRAM	1440 Birch Avenue Cottage Grove, OR 97424 Hours: Monday 1:30pm- 6pm, Tuesday-Friday 11am-3:30pm (541) 942-2176 info@communitysharing.or g	Eligibility: Low-income South Lane County residents	Prescription assistance of non- narcotic medication of up to \$75 per family per year. Help with state- issued ID. Home visits as needed.	provides a wide range of basic-need assistance to low-income residents of South Lane County. Assistance includes food pantry, gently used clothing, shoes (schoolage children provided a shoe voucher as available), paper products, and hygiene items. Baby supplies: diapers, formula, and used clothing (as available). Supplies for unhoused persons: laundry, showers, propane, tarps, blankets, sleeping bags (as available). Provides bus passes or gas vouchers for transportation to out-of-town job interviews and medical appointments.
BIRTHRIGHT OF SALEM PREGNANCY AND PARENT SUPPORT SERVICES	1880 Lancaster Drive NE Suite 124 Salem, OR 97305 (503) 585-2273 birthright@birthrightofsalem. comcastbiz.net	Families, New parents, women	FREE	A faith-based organization that provides free information and referrals to those experiencing unplanned pregnancies. Services include pregnancy testing, pro-life counseling, parenting support, and community referrals. Does not recommend or refer to abortion services. Class participation not required to receive maternity and infant clothes, diapers, and other infant care needs.
CONTINGENT MY NEIGHBOR	809 N Russell Street #203 Portland, OR 97227 info@everychildoregon.org	Eligibility: Resource families and foster children/youth.	Biological families and relative providers with an open Child Welfare case.	Connects goods and services from community members to families and youth impacted by foster care. Serves families with an open DHS Child Welfare case.



HOPE CHURCH LIFELINE CENTER	2835 Santiam SE Albany, OR 97322 Tuesday 2:30pm - 4:30pm, Wednesday 10am-noon	Low-income households	babyb@hope.churc h	Provides diapers, wipes, infant, and toddler clothing (size 2T and under), and baby equipment.
LOVE INC OF BENTON COUNTY GAP MINISTRIES	4900 NW Hwy 99 Suite 102 Corvallis, OR 97330 Hours: Helpline: Monday- Thursday 9:30am-1:30pm	Low-income community members in need	· ·	Facilitates multiple material goods programs located in churches in the area that provide the following free items: children's clothing, personal hygiene items, maternity clothing, linens (bedding, towels, etc.), layette ministry (newborn baby supplies and clothing), kitchen supplies, and a gift closet (for when community members can't afford to purchase gifts for special occasions).
PREGNANCY AND PARENTING CENTER PREGNANCY AND PARENT CENTER	475 Laurel Street Florence, OR 97439 Hours: Tuesday/Wednesday/ Thursday 10am-4pm (541) 902-2273 hopeppc541@gmail.com	Unrestricted		A faith-based agency that provides free pregnancy tests and pregnancy options information; prenatal, parenting, and life skills education and support; maternity and baby/toddler clothing, diapers, and supplies. Also provides support after abortion and connections to local resources.
211INFO	health@211info.org 211	Eligibility: Unrestrict ed	Hours: Monday- Friday 8am-6pm	211info's Maternal and Child Health Program provides specialized information, referral, and follow-up services to individuals and family members of all genders covering needs and questions related to pregnancy, maternal and child health, sexual and reproductive health, and women's health across the life span, including resources for women with breast cancer.
HIGHER EDUCATION COORDINATING COMMISSION OREGON STUDENT CHILDCARE GRANT	3225 25th Street SE Salem, OR 97302	Be an Oregon resident with a child or legal dependent age 12 and under in need of childcare, or, if over age 12, who satisfies the requirements of special needs.		Helps parents enrolled in post-secondary education obtain safe, dependable care that supports their children's development while allowing completion of the parent's academic programs.
FIND CHILDCARE OREGON	Hours: Monday-Friday 7am- 11pm, Saturday/Sunday 8am- 8pm children@211info.org	Eligibility: Parents/ca regivers of children up to age 18		This program is designed to help families make informed decisions about childcare, including referral listings of childcare providers. Referrals are not recommendations and do not relate to quality of childcare.



LOVE INC OF BENTON COUNTY GAP MINISTRIES	4900 NW Hwy 99 Suite 102 Corvallis, OR 97330 (541) 757-8111 admin@yourloveinc.org Hours: Helpline: Monday- Thursday 9:30am-1:30pm	Eligibility: Low- income community members in need	Facilitates multiple material goods programs located in churches in the area that provide the following free items: children's clothing, personal hygiene items, maternity clothing, linens (bedding, towels, etc.), layette ministry (newborn baby supplies and clothing), kitchen supplies, and a gift closet (for when community members can't afford to purchase gifts for special occasions).
211INFO RESOURCE PARENT SUPPORT	help@211info.org 211	Eligibility: Any foster parent with an Oregon DHS Child Welfare case or in the Oregon Foster Care System	Offers support, resource referral, and additional after-hours support for foster parents.
EARLY CHILDHOOD HUB OF LANE COUNTY FAMILY RESOURCE CENTERS	3171 Gateway Loop Springfield, OR 97477 Hours: Varies by site education@unitedwaylane. org	Eligibility: Unrestric ted	Locator tool with list of Family Resource Centers by school district. Provides a range of services and support to families with children, including child literacy groups and story times, playgroups, assistance with accessing school personnel, parent education, parent literacy and computer support, and other drop-in services for families and children.
HOLIDAY PROGRAMS LANE COUNTY CATHOLIC COMMUNITY SERVICES OF LANE COUNTY	Springfield Community Service Center: 1025 G Street Springfield, Oregon 97477 -Eugene Community Service Center: 1464 West 6th Avenue Eugene, Oregon 97402 (541) 345-3628	- Ages 0-18 - Unrestricted	Provides a holiday social at the Community Service Centers to pass out blankets, hats, and gloves for children. If available, items from Christmas food boxes will be distributed. Cookies and hot cocoa will be served. All items are subject to availability and are first come, first served.



CENTER FOR DIALOGUE AND RESOLUTION FAMILY MEDIATION SERVICES	1400 Cross Street Eugene, OR 97402 Hours: Monday-Friday 9am- 5pm. (541) 344-5366 info@lanecdr.org	Eligibility: Unrestric ted	Offers mediation and conflict coaching services for disputes involving families, including parent-youth issues, elder issues, sibling issues, domestic relations, financial-only dissolutions, and parenting plans.
COMMUNITY SOLUTIONS OF CENTRAL OREGON MEDIATION SERVICES	1010 NW 14th Street Suite 100 Bend, OR 97703 Hours: Monday-Thursday 8:30am-4pm, and by appointment as needed (541) 383-0187 support@solutionsco.org	Eligibility: Unrestrict ed	Community mediation helps individuals, businesses, neighbors, and families when conflict or disagreements arise. Mediators help parties communicate with understanding, explore solutions, and solve problems.
LANE COUNTY MEDIATION & RESTORATIVE SERVICES LANE COUNTY FAMILY MEDIATION	2727 Martin Luther King Jr Boulevard Eugene, OR 97401 Hours: By appointment only (541) 682-4709 mediation@co.lane.or.us	Eligibility: Unrestrict ed	Offers court-required parenting class for separating and divorcing parents, a confidential mediation process in which parents meet with a professional, courtapproved mediator to develop a parenting plan that is in the best interests of the children, a Family Check-Up program, supervised parenting, and custody evaluations.
CHRISTIANS AS FAMILY ADVOCATES	921 Country Club Road Suite 222 Eugene, OR 97401 Hours: Monday/Tuesday/Th ursday 9am-6pm, Wednesday 9:15am-5pm	Eligibility: Unrestricted, but cannot work with sex offender population	Offers Christian faith-based mental health services, including counseling for trauma, adjustment, anger, domestic violence, parenting, marriage, depression, and anxiety; individual and group therapy for children, teens, and adults; and filial, play, and neurofeedback therapy. Provides intervention services to batterers and support to survivors, as well as therapeutic services for children and youth who have been impacted by divorce and/or domestic violence. Offers supervised visitation and parenting classes.



EARLY CHILDHOOD HUB OF LANE COUNTY FAMILY SUPPORT SERVICES	3171 Gateway Loop Springfield, OR 97477 Hours: Monday-Friday 8am- 4:30pm (541) 741-6000 education@unitedwaylane.or g	Eligibility: Triple P parenting class:	parents must be enrolled in OHP/Trillium CCO	Offers parenting resources and a blog, list of parenting education classes and a community activity calendar. Lane kids' monthly newsletter with parenting resources, tips, local activities. Also offers Triple P parenting class (Positive Parenting Program) to help reduce stress and improve parenting skills.
EARLY CHILDHOOD HUB OF LANE COUNTY FAMILY RESOURCE CENTERS	3171 Gateway Loop Springfield, OR 97477 education@unitedwaylane.or g	Eligibility: Unrestrict ed	2000	Provides a range of services and support to families with children, including child literacy groups and story times, playgroups, assistance with accessing school personnel, parent education, parent literacy and computer support, and other drop-in services for families and children
EUGENE RELIEF NURSERY THERAPEUTIC EARLY CHILDHOOD PROGRAM EUGENE RELIEF NURSERY RELIEF NURSERY ROBIN JAQUA CHILD AND FAMILY CENTER	1720 W 25th Avenue Eugene, OR 97405 Hours: Monday-Thursday 9am-5pm, Friday 8:30am- 12:30pm. (541) 343-9706 111 850 S 42nd Street Springfield, OR 97478 Hours: Monday-Thursday 9am-5pm, Friday 8:30am- 12:30pm. (541) 485-0007	Eligibility: Families with children ages 2-6 who are low income and experiencing multiple stressors Eligibility: Families with children ages 2-6 who are low income and experiencing multiple stressor		All children receive developmental screenings. Families have access to child and family counseling, addiction support services, parenting education, the food pantry and clothing closet, and family social gatherings Families have access to child and family counseling, addiction support services, parenting education, the food pantry and clothing closet, and family social gatherings.
FOSTER PARENT COLLEGE	326 West 12th Avenue Eugene, OR 97401 Hours: 24 hours per day / 7 days per week (541) 343-6636 fpc@northwestmedia.com	Eligibility: Unrestrict ed		Offers self-paced training for resource parents with internet access. Classes focus on specific behavioral problems or emotional disorders offering solutions.



2024 IRIS	1203 Willamette Street	Family	Two Families Now is an online course for
EDUCATIONAL MEDIA DBA TRIFOIA TWO FAMILIES NOW: EFFECTIVE PARENTING DURING SEPARATION AND DIVORCE	Suite 100 Eugene, OR 97401 Hours: 24 hours per day / 7 days per week (541) 343-4747 support@trifoia.com		individuals designed to strengthen and sustain family processes during the emotional stress of divorce. Parents learn skills to nurture themselves and to build strong relationships with their children and co-parents. Each skill is presented with engaging video examples and other resources.
LATINO COMMUNITY ASSOCIATION FAMILY EMPOWERMENT	2680 NE Twin Knolls Drive Suite 110 Bend, OR 97701 Hours: Monday/Wednesda y/Thursday 10am-5pm, Tuesday 10am-7pm 541) 382-4366 milagros@latinocommunity association.org	Eligibility: Unrestric ted, but focus is on serving people who identify as Latino or Hispanic	Works to strengthen families by increasing access to high -priority services and opportunities, including: -Information and referral to community resources, housing support, and advocacy -Education support and advocacy, parent-school involvement, tutoring, and English classes -Legal clinics -Assistance with the citizenship process -ITIN Renovation and Information -Parenting education and support
PARENTING NOW! PARENTING GROUPS	86 Centennial Loop Eugene, OR 97401 (541) 484-5316 info@parentingnow.org	Families with children ages 0-8; - Young Parents: for parents underage 21 for Spanish-speaking parents with children ages 0-8 (a series of parenting groups for parents of young children	Provides parenting groups that follow a professionally developed curriculum and include group sessions, parent booklets, enewsletters, and other materials.



THE CHILD CENTER SPRINGFIELD COLLABORATIVE PROBLEM SOLVING	3995 Marcola Road Springfield, OR 97477 Hours: Monday-Friday 8am-5pm (541) 726-1465	Eligibility: Parents with children of all ages		The Child Center provides parenting skills education using Collaborative Problem Solving (CPS) model
UNITED WAY OF LANE COUNTY EARLY CHILDHOOD HUB OF LANE COUNTY	3171 Gateway Loop Springfield, OR 97477 (541) 741-6000 education@unitedwaylane. org	Eligibility: Unrestricted	10000	Provides parenting resources and classes, a calendar of free/low-cost community/family events, a variety of topical and age-based articles on parenting, and much more.
EARLY CHILDHOOD HUB OF LANE COUNTY PRESCHOOL PROMISE	3171 Gateway Loop Springfield, OR 97477 Hours: Monday-Friday 8am-4:30pm 541) 741-6000 preschoolpromise@unitedw aylane.org	Eligibility: Children ages 3-5. Household income must be below 200% FPL. Must be an Oregon resident.		Helps locate publicly funded preschools in family care, center, and school settings. Options in settings include days, hours of operation, transportation, primary language/bilingual programs, curriculum, and approach.
OREGON DHS CAF DIVISION FOR BENTON, LINN AND LINCOLN COUNTIES ALBANY CHILD WELFARE AND SELF SUFFICIENCY OFFICE	118 SE 2nd Avenue Albany, OR 97321 Hours: Monday-Friday 8am-5pm (541) 967-2078 ssp.statewideworkshare@d hsoha.state.or.us	Eligibility: This program is for families that: - Live in Oregon - Are working or in school or receiving TANF.	- In a two-parent family, both parents must be working or in school. (This does not apply to parents receiving TANF.)	The Employment Related Day Care program (ERDC) helps families who are working, in school, or receiving Temporary Assistance for Needy Families (TANF) pay for childcare, including registration fees.
OREGON DHS CAF DIVISION FOR BENTON, LINN AND LINCOLN COUNTIES CORVALLIS SELF- SUFFICIENCY OFFICE	4170 SW Research Way Suite 100 Corvallis, OR 97333 Hours: Monday 7:30am- 6pm, Tuesday-Friday 7:30am-5pm (541) 757-4201 ssp.statewideworkshare@dhs oha.state.or.us	Are working or in school or receiving TANF In a two-parent family, both parents must be working or in school. (This does not apply to parents receiving TANF.)		The Employment Related Day Care program (ERDC) helps families who are working, in school, or receiving Temporary Assistance for Needy Families (TANF) pay for childcare, including registration fees.



OREGON DHS CAF DIVISION FOR BENTON, LINN, AND LINCOLN COUNTIES LEBANON SELF- SUFFICIENCY OFFICE	44 Industrial Way Suite D Lebanon, OR 97355 (541) 259-5860 ssp.statewideworkshare@d hsoha.state.or.us Hours: Monday-Friday 7am- 5pm	live in Oregon - Are working or in school or receiving TANF In a two-parent family, both parents must be working or in school.	(This does not apply to parents receiving TANF.)	The Employment Related Day Care program (ERDC) helps families who are working, in school, or receiving Temporary Assistance for Needy Families (TANF) pay for childcare, including registration fees.
OREGON DHS CAF DIVISION FOR BENTON, LINN, AND LINCOLN COUNTIES NEWPORT SELF- SUFFICIENCY OFFICE	120 NE Avery Street Newport, OR 97365 Hours: Monday-Friday 8am- 5pm (541) 265-2248 ssp.statewideworkshare@d hsoha.state.or.us	eligibility: This program is for families that: - Live in Oregon - Are working or in school or receiving TANF In a two-parent family, both parents must be working or in school	(This does not apply to parents receiving TANF.)	The Employment Related Day Care program (ERDC) helps families who are working, in school, or receiving Temporary Assistance for Needy Families (TANF) pay for childcare, including registration fees.
OREGON DHS CAF DIVISION FOR LANE COUNTY OREGON DHS SELF- SUFFICIENCY PROGRAM FOR LANE COUNTY	2885 Chad Drive Eugene, OR 97408 Hours: Monday-Friday 7am- 6pm. closed on major holidays (541) 686-7878 ssp.statewideworkshare@dhs oha.state.or.us	Eligibility: This program is for families that: - Live in Oregon - Are working or in school or receiving TANF.	(This does not apply to parents receiving TANF.)	The Employment Related Day Care program (ERDC) helps families who are working, in school, or receiving Temporary Assistance for Needy Families (TANF) pay for childcare, including registration fees.



OREGON DHS CAF DIVISION FOR LANE COUNTY SPRINGFIELD SELF- SUFFICIENCY AND VOCATIONAL REHAB OFFICE	101 30th Street Springfield, OR 97478 Hours: Monday-Friday 7am- 6pm, closed major holidays (541) 726-3525 ssp.statewideworkshare@dhs oha.state.or.us	Eligibility: This program is for families that: - Live in Oregon - Are working or in school or receiving TANF.	(This does not apply to parents receiving TANF.)	(ERDC) h school, or for Needy	oyment Related Day Care program elps families who are working, in receiving Temporary Assistance Families (TANF) pay for including registration fees.
OREGON DHS CAF DIVISION FOR LANE COUNTY WEST EUGENE CHILD WELFARE AND SELF- SUFFICIENCY OFFICE	2101 W 11th Avenue Eugene, OR 97402 Monday-Friday 7am-6pm. Offices Monday-Friday 8am- 5pm. (541) 686-7722 ssp.statewideworkshare@d hsoha.state.or.us	Eligibility: This program is for families that: - Live in Oregon - Are working or in school or receiving TANF.	(This does not apply to parents receiving TANF.)	(ERDC) h school, or for Needy	oyment Related Day Care program elps families who are working, in receiving Temporary Assistance Families (TANF) pay for including registration fees.
The arc lane County	4181 E St., Springfield 541- 343-5256		FREE GRATIS	raising a c	organization that helps parents whild with intellectual / ental disabilities.
			0000	a las famil	ión dirigida por padres que ayuda lias a criar a un niño con lades intelectuales o del Desarrollo
Autism Society of Oregon	541-689-2228				referrals for individuals with extrum disorder & their families.
Oregon Family Support Network	4275 Commercial St. SE Suite 180 Salem, OR 97302 Office: 503-363-8068	Families		At Oregon Family Support Network, we are families and youth working together to promote mental, behavioral, and emotional wellness for other families and youth through education, support, and advocacy.	
Lane African Ameri Black Student Succe			For families with Black / African American children, ages 0-6.	Free	Home visits, developmental screenings, referrals, and monthly gathering.



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Oregon Social Center	10 Shelton McMurphey Blvd, Eugene 541-485-2711		ОНР	Intensive outpatient program for parents experiencing challenges with parenting, addiction, mental health.
FACT Oregon	2475 SE Ladd Ave, Portland 888-988-3228	Children with disability	Free	Support for families navigating special education, early Intervention, IEP's, transition to adulthood.
Center for Community Counseling	1465 Coburg Rd, Eugene 541-344-0620		\$5-40 sliding scale	Grandparents Raising Grandchildren Group (see website for details).
<u>Direction Services</u>	1144 Gateway Lp, #200, Springfield 541-686-5060	000	OHP, private insurance	Array of support & planning programs for youth with disabilities (ages 0-23) & their families
The ECCO Young Parent program and Child Development Center	200 N Monroe Ave. Eugene 541-790-6860	Spanish Interpreter available	Free	High school & GED program offering pregnancy and parenting support for young parents. Free on-site childcare while they are attending classes
Early Childhood Lane	United Way of Lane County 3171 Gateway Loop Springfield, OR 97477 Phone: 541.741.6000 Fax: 541.726.4150 Email: education@unitedwaylane.org	Parents, children		parenting classes and workshops (many resources for families)
EMBODY PLAY THERAPEUTICS	541-852-2799 <u>leticia@leticia-garcia.com</u>			Mindfulness-based, attachment-focused, trauma informed parenting classes, parent coaching and professional education for providers.
CAFA	921 Country Club Rd, #222, Eugene 541-686-6000 http://trueinsightparent.com/, AAlbin@safefamilies.net 541-515- SAFE (7233)			Parent-Child Connection, Parenting After Crisis, FREE 8-10-week parenting series that focuses on attachment, problem solving, play, and connection to solidify parent- child relationships. Visit the TIPS website for future classes and resources., http://trueinsightparent.com/ , Faith-based host families provide respite care to children whose families are



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				experiencing a temporary emergency AAlbin@safefamilies.net 541-515- SAFE (7233)
Oregon Mothers Care	Kristi Wedmore: Kristi.Wedmore@lanecountyor.gov	Moms	OHP, private insurance, no insurance, CAWEM	: fast tracks enrollment for pregnant people into OHP and assists with locating services in the community
FAMILY & CHILD HEALTH	541-682-8720 FCH.Referrals@lanecountyor.gov	Eligibility: All pregnant people and families with newborns Spanish speaking staff. Interpretation for all other languages	FREE for families	Nurse home visiting (Babies First, Nurse Family Partnership, and CaCoon) and family support specialist home visiting (Healthy Families) for pregnant individuals and parents of children birth 5. Nurse case managers offer support up to age 21 to families of children with special medical needs.
Friends of the Children, Lane County	info@friendslanecountyor.org 971-205-2463		Free	Professional mentors for children/families facing significant challenges. Mentors start when children are 4-6 years old and continue for 12+ years. Mentors spend 3-4 hours/week with the child. Parents/caregivers also receive support. Referrals typically come from schools, agencies and other organizations.
Focus on children Oregon	Click this link to register online: Register Here. Focus on Children Forms Focus on Children Registration Form	The class average is 20 people.	\$60/ parent, ½ price if on SNAP	Parenting class for parents who are getting divorced
Keep (Oregon Community Programs)	1170 Pearl Street, Eugene 541-520-0524	M	Paid incentive \$25 /week, up to 24 ODHS h	16 weekly, 90-minute sessions building support and skills for foster and kinship parents of children ages 3-18. Groups are currently offered over zoom.



Family Support for Lane County Families (Catholic Community Services)	1025 G St Springfield 541-345-3628 x311 You or someone else working with your family can fill out this referral form- https://forms.office.com/g/g6gQbPw1at Family Support and Connections Email us: fsc.policy@odhsoha.oregon.gov Call us: 503-945-5600	Families can get services if: There is at least one child under the age of 18 living in the home. The family meets income guidelines. The family is not enrolled in active Child Welfare services.	Free	Home visiting, help connecting with resources, goal planning for parents of children under 18.
Head Start of Lane County	Locations and services throughout Lane County Central Office: 221 B St, Springfield 541-747-2425	Spanish speaking staff. Interpretation for all other languages	All services are FREE for eligible families. Full Day wrap around childcare may require an affordable co-pay.	Early Head Start - Home visiting and play groups for expectant parents and children up to age 3, Head Start - High-quality preschool for 3- to 5-year-olds that promotes school readiness by enhancing social and cognitive development
Safe Families for children {Christins as family advocates}	921 Country Club Road, Suite 222 Eugene AAlbin@safefamilies.net 541-515- SAFE (7233)	Families	Free	Faith-based host families provide respite care to children whose families are experiencing a temporary emergency.
Review Center for Growth	3995 Marcola Rd, Springfield 541-726-1465	Families	OHP	Collaborative Problem- Solving classes. Family Peer Support.



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Nurturely Lounge	541-579-8941 info@nurturely.org	Spanish Speaking		Preventative health programs to reduce disparities in perinatal healthcare. Prenatal education, postpartum social connections, drop-in Perinatal Lounge, a boutique and wellness center for lactation and infant carrying support. Wellness cohorts for expectant parents
Nurturing B.L.A.C.K. {Nurturely}	541-579-8941 info@nurturely.org			Group mentorship program for non-BIPOC expectant parents raising Black or biracial babies. 4-week virtual group to learn skills and connect with other parents
Options Counseling and Family Services	360 E 10th Ave Ste 450 Eugene 541-687-6983	Parents	OHP,	Attachment-focused parenting group for parents with children aged 9 and younger.
Oregon Community Programs	1170 Pearl St Eugene 541-743-4340	Spanish Speaking	OHP, Trillium, Pacific Source	Parenting groups, therapeutic foster care, counseling for youth and family, skills training, child/adolescent psychiatry.
Parent Helpline	211 x5	Spanish Speaking	Free	Child development specialist will answer questions from parents with children ages 0-8

Department of Human Services	2101 W. 11 th Ave., Eugene 541-686-7722 Hours: M-F 7am-6pm ����	Apply for services by paper or by computers provided	State- and federally funded services. Food benefits (SNAP), employment services, cash assistance (TANF), domestic violence services, child welfare services, health benefits (OHP), senior citizens services. Also, apply for free phones, search for jobs, bathrooms
Department of Human Services	101 30th St., Springfield 541-726-3525. Hours: M-F 7am-6pm ����	Apply for services by paper or by computers provided.	State- and federally funded services. Food benefits (SNAP), employment services, cash assistance (TANF), domestic violence services, child welfare



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			services, health benefits (OHP), senior citizens services. Also, apply for free phones, search for jobs, bathrooms.
305 Coop Court Cottage Grove, OR - 97424 Phone: (541) 942-9186	Apply for services by paper or by computers provided.		State- and federally funded services. Food benefits (SNAP), employment services, cash assistance (TANF), domestic violence services, child welfare services, health benefits (OHP), senior citizens services. Also, apply for free phones, search for jobs, bathrooms.
1162 B St. #213 Springfield 541-687- 8651, Hours: TWTh 10-4	Pregnant women	o.	Provides pregnancy tests, ultrasound, baby and toddler clothes, baby wipes, diapers, all without charge. Pregnant women can be signed up for insurance and receive referrals for health services
51 W 7th Ave #310, Eugene, 541-682- 3550 Hours: T-F 8-5	Pregnant women	ОНР	Provides pre-natal care and maternity case management, as well as post-partum support. Arranges for midwives to deliver to a hospital. Only accepts OHP clients.
3333 Riverbend Dr. Springfield 541- 222-7074 Hours: M-F 8-5	Parents	200	Provides pregnancy and parenting education programs. Classes and workshops include childbirth classes, breast-feeding classes and family birth center tours
499 W. 4th Avenue, Eugene 541-689-7156, Hours: M-F 8:30-4:30	Families	000	Homeless prevention program. Shelter for families, the medically fragile and others in crisis. Usual wait for shelter is 2-4 weeks
314 E 12th Ave, Eugene, 541-342-8255	individual and family counseling.	Call for a free intake interview and review of counseling options. No walk in, please make an appointment.	Provides individual and family counseling. This therapy is for adults wanting to clarify and explore issues in their lives and/or for more in-depth healing and growth. Also provides end-of-life counseling.
3690 W 1st Ave, Eugene 541-484-4666	Parents with children btw 2-5	Free	Support for parents who experience cognitive limitations & have children ages 2-5.
1525 12th Street, Suite G, Florence 541-902-2273	Parent with children btw 0-5	Free	Parent education, parent/child playgroup for 0–5-year-olds, diapers, baby clothes, supplies
	Cottage Grove, OR - 97424 Phone: (541) 942-9186 1162 B St. #213 Springfield 541-687- 8651, Hours: TWTh 10-4 51 W 7th Ave #310, Eugene, 541-682- 3550 Hours: T-F 8-5 3333 Riverbend Dr. Springfield 541- 222-7074 Hours: M-F 8-5 499 W. 4th Avenue, Eugene 541-689- 7156, Hours: M-F 8:30-4:30 314 E 12th Ave, Eugene, 541-342-8255 3690 W 1st Ave, Eugene 541-484-4666	Cottage Grove, OR - 97424 Phone: (541) 942-9186 1162 B St. #213 Springfield 541-687- 8651, Hours: TWTh 10-4 Fregnant women 51 W 7th Ave #310, Eugene, 541-682- 3550 Hours: T-F 8-5 3333 Riverbend Dr. Springfield 541- 222-7074 Hours: M-F 8-5 499 W. 4th Avenue, Eugene 541-689- 7156, Hours: M-F 8:30-4:30 Families 314 E 12th Ave, Eugene, 541-342-8255 individual and family counseling.	Cottage Grove, OR - 97424 Phone: (541) 942-9186 by paper or by computers provided. 1162 B St. #213 Springfield 541-687- 8651, Hours: TWTh 10-4 Fregnant women OHP 3333 Riverbend Dr. Springfield 541- 222-7074 Hours: M-F 8-5 499 W. 4th Avenue, Eugene 541-689- 7156, Hours: M-F 8:30-4:30 Families Call for a free intake interview and review of counseling options. No walk in, please make an appointment. 3690 W 1st Ave, Eugene 541-484-4666 Parents with children btw 2-5 Free



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Reach out Oregon {Oregon Family Support Network}	Leave a message or email any time. 1-833-732-2567 info@reachoutoregon.org			Free warmline for parents and caregivers. Call or text Monday to Friday, 12-7 PM (except holidays).
Holt International	250 Country Club Rd Eugene 1-888- 355-4658 Info@holtinternational.org			International and U.S. adoption service. Postadoption support including coaching and education, birth parent search, and citizenship advice.
Open Adoption and Family Services	150 Shelton McMurphey Blvd, #204, Eugene 541-343-4825	A ⁰ 0	Free	Arranges open adoptions. Adoption counseling. All-options pregnancy counseling.
Oregon Foster Parent Association	410 Mill #366, Salem 888-544-3402 Email: office@ofpa.com	Jane 3	G .	A statewide association operating within the foster, relative, and adoptive community in Oregon.
Relatives as Parents Program (RAPP) & Grandparents Raising Grandchildren	1015 Willamette, Eugene 682-3353	Financial assistance for relatives 55+ raising a child	Free	Financial assistance for relatives 55+ raising a child. Funds for clothes, beds, and other essential needs. Adoption/guardianship not required.
Planned Parenthood	3579 Franklin Blv., Springfield 541- 344-6519, 793 N. Danebo Dr., Eugene. 541-344- 6519		OHP, some insurance, sliding scale	Pregnancy, STD, HIV tests, birth control, treatment, vaccines, all gender health care, emergency contraception, abortion services.
Our Community Birth Center	188 West B Street, Building O Springfield 458-234-6800 OurCommunityBirthCenter@gmail.com	200	OHP / Private Insurance / Self-pay sliding scale	Nurse midwifery birth center and health clinic. Client centered and LGBTQIA+ inclusive. General and preventative health care, gynecology, all options pregnancy counseling, birth control and fertility, pregnancy, birth, and postpartum care including home visits, newborn care, lactation services.
Acts for Family	1776 Millrace Dr info@actforfamilies.org 541-434-1621	24/18	FREE if OHP / WIC eligible	6-week prenatal class. Post-natal class for families with 6-12-month-old babies (can bring infants to class).

2. Family Services

<u>La leche</u>	541-744-6055 (help line) msusanscott@gmail.com	F-50 VA	Free	Breastfeeding support provided by
league Oregon	17.6.30%		1.5	warm line, email, text, Facebook: La
	9-71	11/2/12/20		Leche League of Eugene
	25 2 1 1			



Daisy Chain	clientservices@daisychainlane.org 541-626-8918	offered in Spanish and English	Services are free	Apoyo completo de Doula para el parto, postparto, pérdida y terminación. IBCLC y apoyo a la lactancia.
		la mella		Full spectrum doula support, peer support and advocacy for people experiencing houselessness, housing instability, addiction and/or substance use. Baby Pop/Sing and Sign music classes for caregivers and children, birth to age 5.
Nursing Mothers Counsel of Oregon	info@nursingmotherscounsel.org 503-282-3338 1706 NW 24th Avenue, Portland, OR, United States, Oregon (503) 718-7084 hello.nursingmotherscounsel@gmail.com	Nursing mothers		Lactation support, pump assistance, peer support. We support breastfeeding families in realizing their breastfeeding goals through information and non-judgmental encouragement, information, and support - one mother to another.
Post-partum Support International	6706 SW 54th Avenue Portland, Oregon 97219 USA Office Phone: 503-894-9453 Fax: 503-894-9452 Support Helpline: 800.944.4773 (4PPD)	English/Spanish	Free	every woman and family worldwide will have access to information, social support, and informed professional care to deal with mental health issues related to childbearing.
Rainbow Bridge Doula Services	Corinne Kaleese phone: 541-914-9975 ckaleese@gmail.com https://www.facebook.com/RainbowBridgeDoula/	English/Spanish	Sliding Scale	Prenatal, birth & postpartum support.
sacred-heart pregnancy and parenting education	3333 Riverbend Dr, Springfield 541-222-7074	Parents, mothers	sliding scale, scholarships	Pregnancy / parent education, prenatal yoga, breastfeeding, birth center tours, new infant care
Well Mama Oregon	Call or text SUPPORT to 541-525-0495 info@wellmamaoregon.org https://www.wellmama.help/contact/	English/Spanish	Free	24-hour peer support help line, private online self-assessment, support groups. For maternal mental health challenges.
The Lane County WIC Program	Phone (541) 682-4202 Phone & Walk-in Hours Monday - Friday 8:00 am - 4:45 pm WIC@lanecountyor.gov	Se Habla Español		The Lane County WIC Program is a Special Supplemental Nutrition Program for qualifying families. If you are pregnant, nursing, or caring for a child under the age of five, you may qualify. WIC is here to help you have a healthy and thriving



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	Tammy Johnson WIC Supervisor 151 W 7th Ave, #210, Eugene 541-682-4202			family. We offer helpful nutrition education, lactation support, and healthy foods.
Lane County Diaper Bank	info@lcdiaperbank.org 541-221-0824	Parents	Free	Lane County Diaper Bank partners with agencies that are already helping families in need through their programs and services. If you need diapers, please check our list below.
Safe Rides for Safe Kid (Sacred Heart - Riverbend)	PeaceHealth Riverbend 3311 Riverbend Dr. Springfield	Kids/Parents		A certified child passenger safety technician (CPST) will provide a free car seat check when families with newborns are discharged from PeaceHealth Sacred Heart Medical Center at Riverbend.
Cottage Grove Police Dept Child Car Seat Program	Cottage Grove Police Department 400 E. Main St. Cottage Grove, Oregon 97424 Emergencies Only: 9-1-1 non-emergencies: (541) 942-9145 Anonymous Tip Line: (541) 767-0504		1000	Car seat installation inspections. Call for an appointment.

For current information about Oregon's car seat regulations:

Oregon Department of Transportation's Safety Belts & Child Seats page: https://www.oregon.gov/odot/safety/pages/belts-seats.aspx

SCHOOL DISTRICT OFFICES in LANE COUNTY

District	Contact
Bethel School District	541-689-3280 4640 Barger Dr, Eugene
BLACHLY SCHOOL DISTRICT	541-925-3262 20264 Blachly Grange Rd, Blachly
Creswell School District 40	541-895-6000 998 West A St, Creswell
Crow-Applegate-Lorane School District	541-935-2100 85955 Territorial Rd, Eugene
Eugene School District 4J	541-790-7700 200 N. Monroe St, Eugene
Fern Ridge School District	541-935-2253 88834 Territorial Rd, Elmira
Junction City School District	541-998-6311 69 325 Maple St, Junction City
Lowell School District	541-937-2124 65 South Pioneer St, Lowel



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Mapleton School District	541-268-4312 10868 E. Mapleton Rd, Mapleton
Marcola School District	541-933-2817 38300 Wendling Rd, Marcola
McKenzie School District	541-822-3338 51187 Blue River Dr, Finn Rock
Oakridge School District	541-782-2813 76499 Rose St, Oakridge
Pleasant Hill School District	541-746-9646 36386 Hwy 58, Pleasant Hill
Siuslaw School District	541-997-2651 2111 Oak St, Florence
South Lane School District	541-942-3381 455 Adams, Cottage Grove
Springfield Public Schools	541-747-3331 640 A St, Springfield

EDUCATIONAL ADVOCACY

Lane Community College Financial Aid	4000 East 30th Avenue Eugene, Building 1 541-463-3400 Hours: MTTH 8:30-5; W10-5 http://www.lanecc.edu/finaid/contact-us			Provides information and assistance obtaining grants or financial aid to attend college
CADRE - Center for Appropriate Dispute Resolution in Special Education	576 Olive St, Suite 300 Eugene 541- 359-4210 cadre@directionservice.org		000	Technical assistance, trainings, workshops, presentations, and other products and services that are useful for dispute resolution in special education and early intervention.
Education Justice Action Team	mica@calclane.org 541-485-1755		Free	Community Advocate Program connects parents/caregivers with advocates who assist after incidents of bias, harassment, and discrimination. Advocates also act as witnesses and accompany parents to meetings and conferences
Inclusive Partners	inclusivepartners@state.or.us 866-837-0250	Families	Free	FREE consultation and individualized planning to make inclusion possible if a child is having difficulty maintaining a placement due to behaviors. www.inclusivepartners.org
Direction Service	1144 Gateway Loop, #200, Springfield 541-686-5060	Habla Español	OHP / private insurance	Support and planning programs for youth with disabilities (ages 0-23) and their families in Lane County. IEP support.



Fossil Distance Learning Program	centraloffice@fossildlp.com 971-367-2093			Free K-8 distance learning. A credentialed teacher provides support to students and their families. Each student is allocated instructional funds to purchase curriculum, supplies, lessons, and classes.
Oregon Family Support Network	72 A Centennial Loop #150, Eugene 541-342-2876	Habla Español	Free	Support for caregivers raising a child with emotional, behavioral, or mental health challenges.
BAKER CHARTER SCHOOLS	541-524-2300	01000	o l	Free K-12 home-based public charter school. Online and textbook-based classes with teacher support. Option to earn college and high school credit at the same time.
Bridge Charter Academy	60 South Pioneer St, Lowell 541-937- 5200 jvondo@bridgecharter.com		1000	Free partial-day classroom setting serving home-based K-12 students. Accredited online curriculum options. Weekly 3-hour in-person sessions on the school campus.
Cascadia Learning Cooperative	3495 W. 18th Ave., Eugene 541-357-8892 info@cascadialearning.com			Secular, choice-based homeschool cooperative offering enrichment classes taught by parents and community members as a supplement to a full homeschool curriculum.
Home School Legal Defense Association	540-338-5600	11		Advice / legal support regarding homeschooling.
Willamette Connections Academy	1-888-478-9474 38776 NW Cherry St, Scio, OR 97374 Mail: PO Box 449 - Scio, OR 97374 <u>1-800-382-6010</u>		free	Tuition-Free Online K-12 Public School that students attend from home
Teach Northwest	541-952-1381 TEACH-NW PO BOX 70365 Springfield, OR 97475 Phone: 541-952-1381			K-12 Virtual STEAM and Homeschool Academy that allows parents to select from a wide range of traditional homeschool and/or online school options.
Empower Personalized Learning with K12	877.331.9555 541-751-8060	Families'	free	Tuition-free statewide online K-12 public education. Experienced, Oregon-licensed teachers, who are available online and by phone.
OHEN Oregon Home Education Network	503-321-5166 Contact Us	Families		A statewide nonprofit that provides information about homeschooling, promotes connection among



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	Oregon Home Education Network P.O. Box 80155, Portland, OR 97219 Message Line: 503-893-2744 Email: info@ohen.org ohenmail@gmail.com		homeschoolers, and supports homeschool families in Oregon.

Oregon Connections Academy	1-800-382-6010 info@oregoncharter.org	family	free	Tuition-free online public school that allows students to learn from home or anywhere there's an internet connection. State certified and open to students throughout Oregon
The Oregon Christian Home Education Association Network (OCEAN Network)	Mail Oregon Christian Home Education Association Network PO Box 262 Wilsonville, OR 97070 Phone (503) 288-1285 (please leave a message)			A network of home-schooling families in Oregon and SW Washington with workshops, conferences, and written materials
Navigators Homeschool Group Junction City, Oregon	800-382-6010	200	99	Homeschool classes, activities, events, field trips, and theater opportunities on Fridays starting in October and finishing in May. \$450 / year. Additional fees may apply.
Learn at Home Oregon	301 South 3rd Street, Alsea 541-209-2431 erin.wills@alsea.k12.or.us	Families	37	K-8 home-based distance education program. Learning materials and technology are delivered to the child's home. Provides a hands-on learning experience. Free for all students in Oregon
Bridgeway House	Phone 541-345-0805 Fax 541-345-0855 Office Hours Monday through Friday 9:00 am to 3:00 pm Address 555 E 15th Ave Eugene, OR 97401	children and families	OHP / private Insurance	For families affected by autism: treatment, home visits, speech, tutoring, occupational therapy, support groups, parenting classes, social events, and a full-time school.



Martin Luther King Jr Education Center	2515 Martin Luther King Jr. Blvd, Eugene 541-682-4715	children and families	free	Serves middle & high school students with an active case with Youth Services. Links to other services including counseling, tutoring, and employment support.
LOOKING GLASS Education and Vocational Services	https://www.lookingglass.us/riverfront https://www.lookingglass.us/center-point-school, https://www.lookingglass.us/riverfront, https://www.lookingglass.us/new-roads-school	10000		Looking Glass' highly trained staff of educators provide a variety of educational opportunities for teens who are homeless, have behavioral health issues, and for whom traditional education is inadequate for their needs.
Gateways High School 4	425 10th Street Springfield 541-744-8862		free	High school option for students who need help with basic academic skills (2-4 grade levels behind), are behind in course credits, need extra support, or are pregnant or parenting. Traditional diploma, modified diploma, and GED options
Jasper Mountain School	541-747-1235 37875 Jasper-Lowell Rd, Jasper		OHP / private Insurance	K-8 Intensive residential educational program and Academic Day Treatment Program for children with psychiatric and psychological disorders. Treatment and educational processes are fully integrated into the classroom setting.
Lane School	541-463-8500 1717 City View, Eugene	100	free	Short-term behavioral & academic day school for K-8 students experiencing Emotional Disturbance or autism spectrum disorder
Eugene 4J School District	Jason Renslow, <u>Renslow J@4j.lane.edu</u> 541-790-3340 Susan Lerch, <u>lerch s@4j.lane.edu</u>			Transition program focused on functional living skills. Located in two apartments in the Fountain Villa Apartment Complex. Students attend independent living classes and activities for half the day and spend the other half of the day at community worksites.

Bethel School District	Edane Chism: edane.chism@bethel.k12.or.us 541-607-1458	Youth transition program for the Bethel School District
The Bridge Program	jjohnson@siuslaw.k12.or.us 541-997-5477.	Supports Siuslaw students to work toward achieving their individual goals as stated in their Individual Education Plans as well as focusing on lifelong fitness/health and work-based learning through job experiences in the community
Springfield Community	Sally Mann (Transition Teacher & Program Coordinator) 1030 "G"	Serving Springfield students with mild to moderate disabilities ages 18-21 in the four main Areas of Transition:



2024 Transition	Cturet Coming Civilia	1	1	W-1-Wti1 I-11
Program	Street, Springfield, sally.mann@springfield.k12.or.us 541-501-357			Work/Vocational, Independent Living, Community Inclusion and Post-Secondary Education.
Transition Education Network {Sheldon High School}	Sheldon High School, 2455 Willakenzie Road, Eugene 541- 790-6633			Serves students at Sheldon High School aged 14–18 with developmental disabilities and who have educational needs that include high level staff support and a focus on functional skills. Students who attend TEN are invited to attend either CLP or Connections once they leave high school.
Youth Transition Program	Michelle Markle, YTP Statewide Coordinator, michelle.markle@dhsoha.state.or.us 971-304-428		A ^{II} and	Prepares students with disabilities for employment, education, or training through an array of transition services and supports.
Pre- Employment Transition Services (Vocational Rehabilitation)	C.J. Webb, Pre-ETS Program Coordinator, Carolyn.Webb@dhsoha.state.or.us 503-479-4979	Y	100	Services for students with a disability 14 to 21 years old, by request. See website for more information: https://www.oregon.gov/dhs/EMPLOYMENT/VR/Pages/YTSPre-ETS.aspx
Lane Community College GED Preparation	Hours: M-Th 8:30-3:30; F 8:30-2 4000 E 30th Avenue, Eugene Building 1 541-463-5214			Finish your basic education with a GED certificate, which will prepare you for college. Many tests and courses are low cost or free for some students. Free tuition. Scholarships and a grant for transportation are available for those in the program. Spanish language GED program available
JumpStart Preschool	The ARC of Lane County 4181 E St, Springfield Annie Wahto: 541- 914-4232	children aged three-to five years- old of all abilities	ERDC / Private Pay	Inclusive preschool program where children of all abilities can feel safe, nurtured, and included. Monday – Friday, 7:30 a.m 6 p.m. Full day program for children aged 6-13. After school program
Kids in Transition to School (KITS)	10 Shelton McMurphy Blvd, Eugene 541-485-2711		free	School readiness program that provides a boost to children's literacy, self-regulation, and social skills. 12- session workshop for parents
Pearl Buck Preschool and Family Supports	3690 W 1st Ave, Eugene 541-484- 4666	Habla Español	free	Specialized, year-round preschool for children aged 2-5 whose parents have cognitive challenges. Parenting support and education adapted for adults with diverse learning abilities, home visits, case management.
Black Girl from Eugene	: black.girl.from.eugene@gmail.com	4	73/3/1	Anti-racism trainings, consultation and facilitated group conversations

EdWeb	Email is the best way to reach us	Community	Free, live, and pre-recorded webinars on topics	
	at help@edweb.net	members	related to teaching preschool through high school.	1.
	Mailing Address	Carrier No.	Certificates provided.	
	PO Box 1387 Princeton, NJ 08542	2-71 N W	N. C. (18 C.)	
	Monday – Friday, 9am – 5pm	27		
	Eastern Time			



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HIV Alliance	1195 City View Street, Eugene 541-556-1409 Contact the Education Coordinator at education@allianceor.org	A ¹ o	000 a	Trainings and education for the community and agencies: • Blood-borne pathogens: HIV, Hepatitis, STI's • Free Naloxone and Opiate Overdose Awareness Training • Harm Reduction Philosophy • HIV Alliance Agency's Purpose, Programs and
(Motivational Interviewing Training Resources)	Registered Office (State of Incorporation) 1775 Wiehle Ave, Suite 400 Reston, VA 20190 USA admin@motivationalinterviewing.or g	Professional Development		Goals This website provides a calendar of Motivational Interviewing trainings (online and in person), as well as a list of Motivational Interviewing trainers (including some local to Lane County).
National Association for the Education of Young Children	Call NAEYC Phone: 202-232-8777 Toll-free: 800-424-2460		Membership is required to access some materials	Online learning, in-person training, videos, and articles on topics related to the highest quality, researched-based practices in early education.
Oregon Parenting Education Collaborative (OPEC)	shauna.tominey@oregonstate.edu 541.737.1013			Free, self-paced trainings related to parenting education professional practice.
Oregon Registry Online (ORO)	4000 East 30th Ave. Eugene, Oregon 97405 541-463-3000			A free statewide recognition program that records the professional development of early childhood care an education professionals. Create an account at: https://my.oregonregistryonline.org/accounts/create/step1/ Find trainings at: https://calendar.oregonregistryonline.org



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Quality Care Connections	Campus Location: Building 24 Office Hours: Monday- Friday 8:00 AM - 4:00 PM Phone Hours: Monday- Friday 8:30 AM - 2 PM (541) 463-3954 qualitycareconnections@lanecc.e			Training and assistance for childcare providers. Cost varies. Typically training courses are \$0-30. See the website for current classes and registration. www.lanecc.edu/qcc
Start Early	EssentialsofHV@StartEarly.org or call us at 312.481.8859	Families	Free	Use this link instead of searching for "Start Early." This link will take you to a special login page that will give you access to all the training for free because the cost is covered by OHA. If you log onto the normal Start Early page, the training is \$90. You must create an account to access these trainings
The Trauma Healing Project	631 E. 19th Ave. Building B Eugene 541-687-9447 info@healingattention.org	Community members	180 30 31	Training on trauma and trauma informed care appropriate for anyone with an interest in trauma and trauma healing.
Trauma Informed Oregon (Portland State University)	1600 SW 4th Ave Ste 900, Portland 503-725-9618 info@traumainformedoregon.org			Free online Introduction to Trauma Informed Care (TIC) training modules. The website also has a resource library and a database of trainers around Oregon who can deliver online or in-person trainings on TIC.
		X		

3. Recreational Activities for Families

Rec Class List &	100 W. 10th Avenue, Suite	Community	Programs for youth, families &
Registration	321	NAC A CONTRACT	seniors. Pre-school & afterschool
	Eugene, OR 97401	DO 2775.7111	programs, fitness classes, summer
	541-682-5333	1.000 (1000)	camps, adaptive programs and
	En Español: 541-682-6891	/ : XXX : XX : XX : XX : XX : XX : XX :	equipment rentals, veteran programs.
	7.7		Scholarships available.



Willamette lane Class List & Registratio	250 S. 32nd Street, Springfield, Oregon 97478 541-736-4544	Community		Willamalane youth classes help kids stay social and active while they work on independence and responsibility. Drop your kid off for a Friday of fun at Kids Night Out or have fun together at a My First class. Options are available for toddlers to teens.
Amazon Pool	2600 Hilyard St. Eugene, OR 97405 Contact Amazon Pool 541-682-5350 Fax: 541-682-6366	Community		Outdoor pool open May – October. Lap & rec swims, lessons, & water-based fitness classes
Echo-Hollow-Pool	Echo Hollow Pool 1655 Echo Hollow Rd. Eugene, OR 97402 Ph: 541-682-5525 Fx: 541-682-8193	Community		Lap & recreational swims, lessons, water-based fitness classes, fitness equipment
Eugene Family YMCA	Sabrina Hershey- Black, Aquatics Director 541.686.9622 x206 sabrina@eugeneymca.org 2055 Patterson, Eugene	Community		Lap pool, children's pool, hot tub. Lessons, recreational swim, lifeguard training, swim team, water fitness.
MAX STRAUSS POOL (Junction City)	1515 Laurel St., Junction City 541-998-3621	Community	200	Recreational swim and family swim times.
River Road Park & Recreation District	1400 Lake Dr. Eugene, OR 97404 541-688-4052 info@rrpark.org M-F 8a-5p	100	000	Indoor pool, spas, dry heat sauna. Outdoor wading pool for children 48" or less (open on sunny days above 70
Sheldon Community Center	2445 Willakenzie Rd. Eugene, OR 97401 Contact Sheldon Community Center 541-682-5312 Hours 8 a.m 5:30 p.m. Mon-Fri	Community		Pool - lap & rec swim, lessons, water- based fitness classes
Splash! At Lively Park	Location: 6100 Thurston Road, Springfield OR 97478 LTD route: 11 Phone: 541-736-4244	Community	ALL-ACCESS Members get unlimited access to swimming at Splash! at Lively Park	Wave pool, water slide, lap pool, spa, kiddie pool, community rooms, and more!



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Warren H. Daugherty Aquatic Center 1	1440 S. 8th St., Cottage Grove 541-942-5533	Community	Recreational swim times, fitness classes, baby swim times, ai chi, swim lessons
Bounce Gymnastics	329 W 3rd Ave. Eugene, OR 97401 (541) 343-4222	Community	Gymnastics & Circus Arts classes, open gym, and camps for all ages.

Gymnastics Activities

Boys & Girls Clubs of Emerald Valley.	Eugene Club 1545 W. 22nd Ave Eugene, OR 97405 541-345-9939 members@bgcev.org Bethel Club Prairie Mountain School 458-201-1915 bethel@bgcev.org	Community	Sports and recreation, art programs, education, and career development. Open to all children between the ages first grade through high school seniors.
Camp Putt Adventure minigolf park	Location: 4006 Franklin Blvd., Eugene OR 97403 LTD route: EmX Phone: (541) 852-4653	prices vary	Two 18-hole miniature golf courses.
DEFY Eugene, OR EXTREME SPORTS	(541) 246-9989 85 Division Ave. Eugene, OR 97404 Monday 12:00pm - 7:00pm	Prices vary	Trampolines, obstacle course,
Get Air Trampoline Park Eugene, OR	4211 W 11th Ave. Eugene, OR 97402 (541) 827-1016 customerservice@getairsports.com	Prices vary	Trampoline Park, ninja course, foam pit, dodge ball, toddler area.
All Kids Play	Current Office Hours Mon-Fri 8:30am-4:30pm 2054 Amazon Parkway Eugene, Oregon, 97405 Phone: 541-683-2374 Email: info@kidsports.org		Positive youth team sports experiences. Scholarships available based on income.



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The Rink Exchange	796 W. 13th Avenue Eugene, Oregon 97402 (541) 225-5123 info@therinkexchange.com		Ice rink with public skating, adult & youth classes, adult & youth hockey, figure skating club and birthday rentals
National Academy of Artistic Gymnastics	Phone: 541-344-2002 Address: 1205 Oak Patch Rd., Eugene, OR 97402 Email: programs@naag- gymnastics.org		Classes and camps for all ages.
Boy Scouts of America	address: 2525 Martin Luther King Jr Blvd City: Eugene State: OREGON ZIP Code: 97401 Phone No.: (+US) 541-485-4433		For youth of all genders, 5th grade through high school. Service, community engagement, leadership development, camping, skill building, and connection.
Girl Scouts of Oregon and Southwest Washington.	72 Centennial Loop #300, Eugene 541- 485-5911		Engaging, challenging, fun activities like earning badges, going on trips, selling cookies, exploring science, getting outdoors, community service projects.
Greenhill Humane Society- youth-volunteer-program	88530 Green Hill Rd. Eugene, OR 97402 Phone 541-689-1503 Fax 541-689-5261 Open 11am – 6pm Daily		Youth aged 12-15 can volunteer with animals. Must commit to 2 hours / week for 3-6 months. Youth must be supervised by a guardian over the age of 18.
Little Hands Can	PO Box 70412 Springfield, OR 97475 https://littlehandscan.org/contact-us	7000	Little Hands Can is dedicated to inspiring and empowering children to better their communities by connecting them with local service opportunities.
Annie Mims Community Garden	255 Maxwell, Eugene		This community garden is a place for the community to gather, grow and garden. It is sponsored by the NAACP and hosted by Our Redeemer Lutheran Church

Recreation and Gardening

Cascades Raptor Center (CRC)	32275 Fox Hollow Rd. Eugene, OR 97405 541-485-1320 Tuesday - Sunday: 10am - 4pm	Prices vary	Nature center specializing in raptors.
Nearby Nature	541-687-9699 https://www.nearbynature.org/contact-us/ Nearby Nature P.O. Box 3678 Eugene, OR 97403	N	Register online for in-person Nearby Nature School, summer day camps, Green Start Play Days, Nature Quests, Haunted Hike, and Citizen Science Saturdays.



Whole Earth Nature School	541-937-5437 or email us at contactus@wholeearth.org	Unique nature connection programs, utilizing an approach rooted in ancient knowledge, filled with real-
		life experience, and sprinkled with a touch of mystery. Outdoor school, distance learning, afterschool programs, camps,
Eugene Parks and Natural Areas	1820 Roosevelt Blvd., Eugene 541-682-4800 POS@ci.eugene.or.us	For a comprehensive list of parks and natural areas in Eugene, look at this website: https://www.eugene-or.gov/632/Parks-and-Natural-Areas-A-Z
City of Eugene Community Gardens Plots	Community Gardens Email Community Gardens 1820 Roosevelt Blvd. Eugene, OR 97402 Ph: 541-682-4800	Six community gardens throughout Eugene with more than 340 plots. Low-income gardeners may submit a Scholarship Application to receive a plot fee discount. Community Organizations may submit a Community Garden Partnership Application to have the plot fee waived.
School Garden Project of Lane County	1.541.284.1001 PO Box 30072, Eugene, OR 97403 454 Willamette Street. Room 205 Eugene, OR 97401	We help Lane County schools develop onsite vegetable gardens where we teach children the basics of growing food. We also provide material and curriculum resources; professional development for educators; volunteer recruiting and training.
Parker Learning Gardens	31239 Lanes Turn Road Coburg, Oregon 97408	Our gardens offer creative environments for garden- based education. Planting, cultivating and harvesting in a garden enables tangible, real-life involvement that provides sensory and exploratory learning for a multitude of ages and audiences
Lane County Master Gardeners - OSU Extension Service	996 Jefferson Street, Eugene lane.extension@oregonstate.edu • Office: 541-344-5859	Affordable / free educational opportunities, gardening advice, classes, and activities. https://extension.oregonstate.edu/douglas/livestock-forages
Locally Grown Guide	Willamette Farm and Food Coalition info@willamettefarmandfood.org 541-658-0715 P.O. Box 41672 Eugene, OR 97404	A free guide to Lane County farmer's markets, farm stands, U-Picks, CSAs, and more.
FOOD For Lane County	770 Bailey Hill Road, Eugene 541-343-2822	The Grassroots Garden and the Youth Farm grow fresh nutritious for distribution while providing opportunities for youth and adults to grow, learn and contribute to their community.
Huerto de la Familia (The Family Garden)	(541) 687-2667 or email our Executive Director, Marissa Zarate, at marissa@huertodelafamilia.org	Estamos ampliando las oportunidades y la capacitación en agricultura orgánica y la creación de empresas a las familias.
		We increase the health and economic security of Latinos in Lane County by providing opportunities and training in organic agriculture and business creation to families



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Libraries

Agency	Contact	Access	Note
Eugene Public Library	541-682-5450 (para-Espanol marque El 5) M-Th: 10 am-8 pm F-Su: 10 am-6 pm LibraryAskUs@ci.eugene.or.us Eugene Public Library 100 West 10th Avenue Eugene, OR 97401	We can provide most services and answer questions by phone.	Eugene Public Library offers free information, education, entertainment, and connection for everyone in the community, in person and online. Visit our three locations: Downtown Library, Bethel Branch and Sheldon Branch.
Springfield Public Library	225 Fifth Street, Springfield, OR 97477. 541-726-3766, For 24/7 Live Chat, visit: https://answerland.org/	For more information about our services follow this link: Library Services	Curbside pick-up of materials Computers and printing Virtual and in-person programs and events 24/7 Digital Library that includes books, movies, research and educational resources, live tutors and more! Print remotely using your device for pick up at the library.
<u>Libraries of Lane</u> <u>County</u>	For email news of Lane Library League meetings and events, join the libs4lane listserv by contacting Bill Sullivan at sullivan@efn.org .		Tax-Supported Public Libraries
<u>Leaburg Volunteer</u> <u>Library</u>	P.O. Box 267 Waterville, OR 97489 541-896-3112 Director - 541- 896-3817	OPEN HOURS Mon-Thurs: 1:30-4:00pm Saturday 10-1 CLOSED Friday & Sunda	Groups Free to the Public are Welcome to Meet at Leaburg Library provides continuous and FREE library service for residents.
FERN RIDGE PUBLIC LIBRARY	88026 Territorial Rd. Veneta, OR 97487 p: 541.935.7512	Kids, Adults, The community	Computer Access, Copy/Fax Machine, Meeting Rooms, Story Times Weekly, Children's Arts and Crafts, Summer Reading Program, Adult programs of interest to community, Inter-library Loans
CRESWELL LIBRARY	64 W. OREGON AVENUE, CRESWELL OR 97426 TELEPHONE (541) 895-3053	with services available to all others for an	The Creswell Library provides free services to all residents living within the Lane Library



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		annual fee of \$50 per household.	District, whose boundaries roughly match those of Creswell School District,
Friends of Marcola Schools Media Center	38300 Wending Road Old Leaburg School Building (Mile 20 on Highway 126) friendsofmarcolalibrary@gmail.com	The Community	Drop off book donations? Buy a yearbook? Borrow books for infants, students, and adults?
Maggie Osgood Library (Lowell)	70 N Pioneer St, PO Box 490 Lowell, OR 97452 (541) 937-2157	Programming is offered throughout the year for children and adults	books, audio books, and DVDs that are available to check out free of charge. Public computers, equipped with the full suite of Microsoft Office 365 applications, are available as is wireless internet and laptops to use in house.
Siuslaw Public Library District	88148 Riverview Ave., Mapleton 541-268-4033	10000	provides access to magazine articles, legal forms, test preparation material, and more with these online resources.
Oakridge Public Library	PO Box 1410 Oakridge, OR 97463 (541) 782-2258		Please use the form below if you have any questions/comments about Oakridge- https://www.ci.oakridge.or.us/contact

Museums

Adventure! Children's Museum	490 Valley River Center, Eugene 541-653-9629	\$5 / person, free for	10 am – 6 pm Weekdays. 11 am – 6 pm Weekends.
Widsediii	341-033-9029	2 or younger. Reduced admission	weekends.
		for EBT cardholders.	
		11 15	
Bohemia Gold mining	737 East Main Street Cottage Grove		Open Thursday, Friday, Saturday: 1:00 to
<u>museum</u>	541-942-5022		4:00 pm
Applegate Pioneer Museum	25755 Jeans Rd, Veneta, OR	ONLY IN THE	https://www.culturaltrust.org/contact-us/
	541-935-1836		
Cottage Grove Museum	147 N. H Street, Cottage Grove, OR	MV A	Open Saturday and Sunday, 1:00 p.m
	97424	M VI M	4:00 PM or by special arrangement



EUGENE SCIENCE CENTER	2300 Leo Harris Parkway Eugene, OR 97401 (541) 682-7888 Staff Directory FAX (541) 484-9027 PO Box 1518, Eugene, OR 97440		Learn about science and technology through hands-on exhibitions, discover astronomy in the planetarium, and be a part of special events and programs that come to you yearround
Siuslaw Pioneer Museum	278 Maple St. Florence, OR 97439 Siuslaw Pioneer Museum Association PO Box 2637 Florence, OR 97439 541-997-7884 spmuseum@oregonfast.net	Adults (14 and over) \$5. FREE for children 13 and under (if accompanied by adult). Open Thursday through Sunday: 12 - 4:00 PM.	Come get a taste of life as it was more than 150 years ago. When you visit the Siuslaw Pioneer Museum in Florence you will be transported through time by a diversity of exhibits showing slices of life from before white settlers made their way to the Siuslaw Region up to life in the 1950s.
Jordan Schnitzer Museum of Arts	1430 Johnson Lane, Eugene 541- 346-3027		Adults \$5, Seniors \$3, FREE for UO Students and faculty, K-12 students. Open Wednesday: 11 am - 8 pm and Thursday - Sunday: 11 am - 5 pm.
Lane County History Museum	740 West 13th Avenue, Eugene 541-682-4242 At the Lane County Fairgrounds		FREE admission. Open Thursday – Sunday: 10am – 6 pm
Springfield Museum	590 Main Street, Eugene, OR, United States, 97477 +1 541 726 2300		The Springfield Museum gives a detailed overview of local history. It's an ideal place not only for children to learn local history, but also for adults who will enjoy this trip into the past. T
HISTORIC MIMS HOUSE	330 High St. Eugene, Oregon 97401 (541)484-1119		Two of the oldest houses in Eugene that served as a safe-haven for African American travelers from 1948 - 1966. Managed by the National Association for the Advancement of Colored People (NAACP)
OREGON MUSEUMS	1-800-547-7842 or email info@traveloregon.com		Discover Oregon's pioneer past, maritime history and forestry traditions at our hands-on learning centers. And from Lewis and Clark and the Oregon Trail to the WPA and Chinese immigrants on the railroad.



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The Museum of Natural and Cultural History	1680 East 15th Avenue, Eugene 541-346-3024 mnch@uoregon.edu	The community, Children (2 and under), UO students, faculty, staff, MNCH members, Veterans, and active- duty military	Admission: \$6. Seniors and youth (3-18): \$4. Families (2 adults, 2 youth): \$12. Children under 2, UO students / staff, veterans / active-duty military: FREE
Oregon Air and Space Museum	90377 Boeing Drive, Eugene 541-461-1101	Adults \$7, Seniors (62 & over) \$6, Ages (6-17) \$3, Ages 5 and under Free	the Oregon Air and Space Museum is dedicated to the acquisition and display of various aircraft and artifacts depicting the history aviation and space technology for the education and enjoyment of the people of Oregon and around the world.
The Pitney House Museum - 1871	Holly & 4th St., Junction City jcorhistory@yahoo.com	Open 1st Saturday 1:00-3:00 and Thursdays 3:00-5:00	Mary Pitney who was born in the house, gifted the house to Junction City Historical Society to be used as a museum. She died in 1995 at age 104.

Domestic Violence/Crisis Resources

Justice Crime Victim	Legal name change, address	Oregon Department of Justice Crime Victim and Survivor
and Survivor Services	change, funds for survivors, legal	Services Division (CVSSD) connects many different programs
Division (CVSSD)	aid, resources, etc.	with a single goal: to serve victims effectively and
		compassionately. We fund statewide victim service programs,
		help victims cover crime-related costs, and through
	American Street Company	our <u>advisory committees and partnerships</u> , we help shape best
	11/2/12/27	practices statewide and bring a diverse collection of voices to
	V2SAVA LUV	the issue of victims' rights. <u>Learn more about the CVSSD</u> .



Agency	Contact	Access	Notes
CAFA (Christians as Family Advocates)	921 Country Club Rd., Suite 222, Eugene 97401 541–686–6000		Domestic violence intervention for offenders and victims, parenting classes, supervised visitation services, and individual therapy for adults, children, couples, and families.
Hope & Safety Alliance (Women space)	info@Hopesafetyalliance.org Crisis Line 800–281–2800 Office 1577 Pearl St., Suite 200, Eugene 97401 541–485–8232	SPANISH LANGUAGE AVAILABLE	We provide trauma-informed and survivor-centered services to all survivors of domestic and sexual violence. Please call our crisis and support line for services.
Lane County Legal Aid/Oregon Law Center	101 East Broadway, Ave., Eugene 97401 541–485–1017	SPANISH LANGUAGE AVAILABLE ASL INTERPRETATION AVAILABLE	Quality civil legal services at no cost for residents with low income in Lane County. Legal matters include senior law, domestic violence, government benefits, immigration, landlord/tenant issues.
Break the Cycle	Text "loveis" to 22522 Text "loveis" to 22522 to chat with a peer advocate 24/7.	young people 12 - 24	Services: Break the Cycle inspires and supports young people 12 - 24 to build healthy relationships and create a culture without abuse
Domestic Violence Advocate, DHS	Telephone: 541-942-9186 Department of Human Services (DHS): 305 Coop Court, Cottage Grove, OR 97424		Services: Domestic violence services, resources, temporary financial help, safety planning and advocacy
Lane County Victim Services Division	Address Lane County District Attorney 125 E 8th Ave, Room 400 Eugene, OR 97401 Phone 541- 682-4523 Fax 541- 682-3693 Office Hours 8:00am - 5:00pm Monday-Friday	Director Lori Silano Send email	The goal of the program is to provide comprehensive services to crime victims involved in the criminal justice system, who have a case that is being prosecuted by the District Attorney's Office.
Love is Respect	Telephone: 866-331-9474 Text: LOVEIS to 22522	ages of 13 and 26	Services: 24-hour information, support and advocacy to young people, between the ages of 13 and 26, who have questions or concerns about their romantic relationships



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National Domestic Violence Hotline	Telephone: 800-799-7233	National	services: National Domestic Violence Hotline
National Sexual Violence Resource Center	717-909-0710		Services: Information and tools to prevent and respond to sexual violence.
Rape, Abuse and Incest National Network (RAINN)	Telephone: 800-656-4673		Services: 24-hour sexual assault hotline, programs to prevent sexual violence and help for survivors and their caregivers.
Sexual Assault Support Services (SASS)	Telephone: 541-484-9791 1902 Jefferson St., Suite 1, Eugene, OR 97405	10000	Services: 24-hour crisis support line: 844-404-7700. Community education, outreach, advocacy, and support to survivors of sexual violence and their families.
Domestic Violence Intervention/Anger Management/OPAC Christians As Family Advocates)	921 Country Club Rd, # 222, Eugene 541-686-6000	Bilingual staff at front desk OHP. Intake \$65. \$35/ class Payment plans available	Oregon approved a 36 to 52-week program for people who use anger and control destructively in relationships and desire to change. Voluntary or mandated. Weekly sessions are 90 minutes
Bridges2Safety	3831 Main Street Suites 103 & 104 Springfield 1-847-235- 9516, ext. 2; admin@bridges2safety.com		Evidence-based, trauma-informed intervention services, utilizes a combination of cognitive and dialectical behavioral therapies, motivational interviewing, accountability, and skill building.

Suicide Prevention

In ALL cases, to report abuse or neglect of any child or

adult, you can call the appropriate local law enforcement agency or the Oregon Department of Human Services. Oregon Department of Human Services: 1-855-503-SAFE (7233)

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EMERGENCY SERVICES/AND CRISIS INTERVENTION:

AGENCY	HOTLINE	ACCESS	NOTES
CAHOOTS CRISIS ASSISTANCE HELPING OUT ON THE STREETS Child / Adolescent Mental Health Crisis Line (Riverview Center for Growth)	541-682-5111 Eugene Crisis Line 541-726-3714 Springfield Crisis Line 888-989-9990 Crisis Line 3995 Marcola Road Springfield, OR 97477 Main: 541-726-1465 Fax: 541-726-5085	Free to all	Crisis Assistance Helping Out on the Streets. EMT staffed crisis response and transportation to social services for people experiencing a mental health crisis. Not for violent or life-threatening emergencies Support for caregivers of youth (up to age 17) experiencing a mental health crisis (severe acting out, suicidal talk, self-harm, threats, violence). Crisis responders assist over the phone and, if necessary, send a 2-person response team to the home.
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Behavioral Health Resource Networks (BHRNs).	BHRN-LC Hotline # (800) 422-2595 https://www.bhrnlc.com/partners	Call our 24/7 hotline today to get connected to free, confidential support.	BHRN-LC is a collaborative group of service providers in Lane County Oregon, with the goal of providing a single point of access to harm reduction, treatment, and recovery, outcomes for people who use drugs.
LOOKING GLASS COMMUNITY SERVICES, Crisis Response Team	1-888-989-9990.	Looking Glass operates a 24-hour, 7 day-a-week crisis line for parents of children up to age 18 to call. Short-term respite for children is also available when needed. Call 1-888-989-9990.	Trained crisis responders aid parents over the phone and, if necessary, can deploy a 2-person team to the family home to respond directly to the crisis.
Riverview Center for Growthhttps://www.r iverviewgrowth.org/p rograms- services/crisisrespons e/	24/7 Crisis Response Team: 1- 888-989-9990		Riverview Center for Growth manages Lane County's crisis response program, which provides support and help to parents and caregivers when a child or teen is experiencing a mental health crisis
Sexual Assault Support Services (SASS)	Telephone: 541-484-9791 1902 Jefferson St., Suite 1, Eugene, OR 97405.		Services: 24-hour crisis support line: 844-404-7700. Community education, outreach, advocacy, and support to survivors of sexual violence and their families.
988 Suicide & Crisis Lifeline	call/text 988 or chat online at: 988lifeline.org	A STATE OF	Services: To get connected to trained counselors who listen, provide support, and connect you to resources,



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The Oregon Coalition Against Domestic and Sexual Violence	9320 SW Barbur Blvd. Suite #250 Portland OR 97219 Tel: (503) 230-1951		Community-based advocacy, legal assistance programs, and shelters are still offering services during this time. Some services may look different. Please check below for changes.
Catholic Community Services - Eugene Community Service Center	Phone: 541-345-3642 541-747-0221 1464 West 6th Avenue, Eugene, Oregon 97402 • 1025 G Street, Springfield, OR 97477	Mon-Wed, Fri: 8am-4pm Thursday: 9am-4pm	Assistance to meet basic needs includes food assistance, rent, utilities, prescriptions, hygiene, clothing, LTD day passes, and help with obtaining birth certificates and state issued ID. In addition, we offer information and referral and advocacy.
Community Sharing Program- Cottage Grove	• 1440 Birch Avenue P.O. Box 351 Cottage Grove, OR 97424 Phone: 541-942-2176 Fax: 541-767-0373 Email info@communitysharing.org	Client Services Hours Monday: 1:30 pm to 6:00 pm Tuesday to Friday: 11:00 am to 3:30 pm	Provides basic-need emergency assistance to low-income residents of south Lane County. Provides food boxes, rental assistance, emergency shelter, utility assistance and limited medical, dental and prescription assistance.
		The same	Provides information and referral services for local resources.
ShelterCare - Family Housing Program	499 W 4th Ave, Eugene, OR 97401 541-686- 1262 scadmin@sheltercare.org Mo nday - Friday 8:30 AM - 4:30 PM	Call for waiting list at 541-689-7156	ShelterCare Family Housing Program provides emergency shelter; advocacy; assistance to residents in finding income and housing; supportive services; and information and referral.
	•		Emergency housing is for families with children who are homeless. Transitional services available.
			Assist families to develop and address goals with focus on maintaining stable housing.
Siuslaw Outreach Services	1576 West 12th Street Florence, OR 97439		SOS provides a wide range of services to individuals and families in need.
			See below our services that range from a rent assistance program to <u>classes</u> on self-sufficiency and domestic violence services
OREGON WILDFIRE RESPONSE AND RECOVERY WEBSITE	3930 Fairview Industrial Drive SE Salem, OR 97302	Eligibility: Unrestricted Hours: 24 hours per day / 7 days per week	Provides information about current wildfires and air quality in the state of Oregon and a resource directory for wildfire preparation, response, and recovery.



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			Includes evacuation information and a sign-up for emergency alerts through OR-Alert.
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a. Crisis/Suicide Intervention

AGENCY	CONFLICT	ACCESS	NOTES
211 INFO	https://www.facebook.com/211info/ children@211info.org Text "children" to 898211	SPANISH LANGUAGE AVAILABLE	Referrals and information, for Oregon and SW Washington communities, to make connections with local resources, including childcare, parenting support, foster care support, school readiness, and more.
Crisis Text Line	Text "home" to 741741 Text HELLO to 741741 for free, 24/7,	443- SUPPORT in WhatsApp for English. 442- AYUDAME in WhatsApp for Spanish.	confidential mental health and crisis support in English or Spanish from a trained volunteer Crisis Counselor.
Fussy Baby Network	https://www.facebook.com/fussybabynetwork/ fussybaby@erikson.edu 888–431–2229	Free SPANISH LANGUAGE AVAILABLE	Specialists provide support and information to help parents with infant crying, sleeping, and feeding issues. Infant specialists will answer or return calls and respond to email as soon as possible.
Hope & Safety Alliance (Women Space)	info@Hopesafetyalliance.org Crisis Line 800–281–2800 Office 1577 Pearl St., Suite 200, Eugene 97401541–485–8232	SPANISH LANGUAGE AVAILABLE	We provide trauma-informed and survivor- centered services to all survivors of domestic and sexual violence. Please call our crisis and support line for services.
Jasper Mountain	888–989–9990 Jasper Mountain 37875 Jasper-Lowell Rd., Jasper 97438 541–747–1235 SAFE Center 89124 Marcola Rd., Springfield 97478 541–741–7402	SPANISH LANGUAGE AVAILABLE BY REQUEST	Intensive mental health treatment for children (ages 4 – 13) includes residential treatment, day treatment school, therapeutic foster care, crisis stabilization, and 24-hour Crisis. Response Program (see Helplines).
La Leche League of Eugene	https://www.facebook.com/La-Leche- League-of-Eugene-OR-188827384135/ Helpline 541-744-6055	SPANISH LANGUAGE AVAILABLE BY REQUEST	Accredited LLL volunteers are available for breastfeeding support by warmline, email, text, and Facebook. Contact for meeting times. No cost.
NAMI Lane County	129 9th Street, Springfield 97477	SPANISH LANGUAGE AVAILABLE	NAMI Lane County is grassroots, confidential, peer-led mental health organization offering support, education, and



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Oregon Helps	211 SPANISH LANGUAGES AVAILABLE	seniors/people with disabilities. children/family	advocacy services in Lane County at no cost to the participant. modes, methods for family coping, research, etc. Information and eligibility requirements for programs that offer food/nutrition, housing/utilities, children/family resources, health care, financial benefits, and support to
Postpartum Support International (PSI)	support@postpartum.net 800-944-4773	SPANISH LANGUAGE AVAILABLE	PSI offers mental health resources for pregnant and postpartum parents via our website, helpline, and online support groups.
Sexual Assault Support Services (SASS)	https://www.facebook.com/sass.org/ 24 hr. Crisis/Support Line 541–343–7277 Office 591 West 19th Ave., Eugene 97401 541–484–9791	SPANISH LANGUAGE AVAILABLE	Services for survivors of sexual violence and their supporters. 24-hour crisis line, advocacy, support groups, community outreach, and more. Free and confidential.

OREGON Workers' Compensation Division

https://wcd.oregon.gov/Pages/index.aspx

b. Employment Opportunities

ACENCY	CONTACT	POSITION	NOTES
Whole Earth Nature School	call 541-937-5437 or email us at contactus@wholeearth.org	COS Site Director COS Site Support COS Led Instructor Camps Director	https://forms.gle/Co2jhVZgDhy2EWMH8
Job Connections (Goodwill)	To speak with an experienced Employment Specialist TODAY, call (541) 431-3309.		Our services are open to the public and are self-directed. Services include job search assistance, workshops, job leads, computer resources, job fairs and referrals to both Goodwill programs and community partners.
Riverview Center for Growth.	3995 Marcola Road Springfield, OR 97477	Child and Family Therapist Child and Family Therapist - Day Treatment	Please complete the online application form for each position for which you would like to be considered. You will



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	Main: <u>541-726-1465</u> Fax: <u>541-726-5085</u> <u>info@riverviewgrowth.org</u>	Behavior Support Specialist (BSS)	have the opportunity to upload a cover letter and resume as part of the online application process]
Alternative Work Concepts	541-345-3043 Email: awc@efn.com		Individualized, integrated, meaningful employment opportunities for adults with multiple disabilities.
Centro Latino Americano	944 W 5th, Eugene 541-687-2667	Spanish translation available, FREE	Employment & resume support
The Oregon Employment Department	875 Union St. NE Salem, OR 97311	Alama and a second	Serve businesses by recruiting and referring the best qualified applicants to jobs, and provide resources to diverse job seekers in support of their employment needs
WorkSource Oregon Center	https://worksourceoregon.org/contact	For help in a language other than English, call the WorkSource Oregon Language Access Line at 833-685-0845.	We provide a variety of employment and training services to job seekers and employers in Oregon. WorkSource Oregon helps people find jobs and helps businesses find talent.
Lane Workforce Partnership	1401 Willamette Street, Second Floor, Eugene, Oregon 97401 Phone: (541) 505-8674		Prepare workers for self-sufficiency employment in a new and changing economy, connect individuals to education, skill-building, and employment opportunities in occupations most impacted, prepare our youth for future employment.
Department of Human Services	541-942-9186 305 Coop Ct., Cottage Grove, OR 97424		Services: Employment support and programs.
Dirt Cheap Copies	Telephone: 541-946-3981 725 E. Whiteaker Avenue, Cottage Grove, OR 97424	free	Free resume printing for unemployed job seekers.
Goodwill Job Connections	Telephone: 541-942-9057 1205 Hwy 99 N, Cottage Grove, OR 97424		Goodwill's Job Connections program includes job search assistance, workshops, job leads, computer resources, job fairs and referrals to both Goodwill programs and community partners.
Oregon Employment Department	Telephone: 541-686-7601 2510 Oakmont Way, Eugene, OR 97401		State Unemployment Insurance and job search resources.
Navigate Program, Connected Lane County	Telephone: 541-731-7472 455 Adams Avenue, Cottage Grove, OR 97424; Email: olivia@connectedlane.org	supports youth, ages 14-24,	The Navigate Programn supports youth, ages 14-24, in obtaining educational success, employment, housing stability, financial literacy and more.
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Lane Small Business Development Center,	, 101 W. 10th Avenue, Eugene Oregon, 541.463.6200, lanesbdc@lanecc.edu	Varies, Interpreter Available	Support services for small businesses, workshops and free business advising.
Northwest Youth Corps	2621 Augusta Street, Eugene 541- 349-5055	Some programs	Job training. Young adults- free. Youth- \$50- 225 tuition. Crew members earn a stipend.
Supported Employment Services, Inc	711 Country Club Rd, #1-A, Eugene 541-687-0687	free	Job placement, coaching, supported employment for adults with disabilities. Referrals must come from Voc. Rehab
Vocational Rehabilitation Services	2885 Chad Dr, Eugene 541-684- 2450 101 30th Ave, Springfield 541-726- 3525	free	Training / job placement for adults with 101 30 disabilities.
ST VINCENT DE PAUL LINDHOLM CENTER EMPLOYMENT SOLUTIONS AND JOB SEARCH CENTER	541) 607-0439 askme@svdp.us	Eligibility: Employment Solutions: Military veterans who served at least one day and National Guard service members Hours: Monday-Friday 8:30am- 5pm	Specializes in working with people that have barriers to employment, including individuals with criminal histories, disabilities, and/or no past work experience.
Pearl Buck Center	115 W 8th Ave, #280, Eugene 541-780-6404	free	Support finding housing / employment for adults with developmental disabilities
Quality Care Connections	Lane Community College campus 4000 E 30th Bldg. 24, Eugene 541- 463-3954	Class prices vary from free to \$60	Training / business assistance for childcare providers
Reentry Resource Center	338 Hwy 99 N, Eugene 541-505- 5690	free	Resume, interviews, jobs search, clothes for those who have been incarcerated
goodwill-Job Connections	1010 Green Acres, Eugene 541-431- 3309 855 Seneca Rd, Eugene 541-431- 3309 102 30th Street, Springfield 458- 205-8157	Spanish translation available	Job search, work experience opportunities, resume assistance, workshops, and career counseling. Assistance with birth certificates and IDs, bus passes, short-term training, employment support
South Lane Mental Health (SLMH)	Telephone: 541-942-3939 1345 Birch Avenue, Cottage Grove, OR 97424		assists individuals to become employed and maintain employment in an integrated and competitive work setting. Services include development of employment opportunities, ongoing support, including job coaching, assistive technology, job retention and more.



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BUDGETING & MONEY MANAGEMENT

AGENCY	CONTACT	NOTES
DEV Northwest ST VINCENT DE PAUL OF LANE	212 Main Street, Springfield 541-345-7106 \$75 annual membership Spanish translation available 2890 Chad Drive	Classes and one-on-one financial counseling. Free 1st time homebuyer & financial literacy class. Foreclosure counseling. Student loan counseling. Financial education course. Classes
COUNTY FINDING PATHS TO PROSPERITY	Eugene, OR 97408 Eligibility: Unrestricted Hours: Hours vary. (541) 743-7142	provide 10 hours of hands-on instruction. This course fulfills the financial
	nancy.glines@svdp.us	education requirement for individuals saving in an Individual Development Account (IDA).
Prosperity Program, (Goodwill Employment and Training Services)	855 Seneca Rd, Eugene 541-431-3307 trystad@goodwill-oregon.org Spanish translation available FREE	Support with financial recovery: budgeting, credit counseling, debt reduction, goal setting. Workplace Success and Financial workshops. Individual Development Account matched savings provider. AARP Free Tax-Aide site.
BEAVERTON RESOURCE CENTER FINANCIAL LITERACY	Eligibility: Unrestricted Hours: Wednesday 10am-11am 503) 591-9028 admin@beavertonresourcecenter.org	Provides one-on-one coaching in personal finance topics, including budgeting, paying off debt, and saving for emergencies.
CLACKAMAS COUNTY VOLUNTEER CONNECTION MONEY MANAGEMENT PROGRAM	2051 Kaen Road Oregon City, OR 97045 Eligibility: Older adults and adults with disabilities Hours: Monday-Thursday 9am-5pm mmp@co.clackamas.or.us	Volunteers are matched with clients to assist with budgeting, bill paying, monitoring, creating a spending plan, and routine financial tasks. The program acts as representative payee for individuals as authorized by Social Security.



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COMMUNITY ACTION OF WASHINGTON COUNTY FINANCIAL EDUCATION CLASSES	1001 SW Baseline Street Hillsboro, OR 97123 Eligibility: Unrestricted schedule. (503) 726-0823 ida@caowash.org	Provides a variety of financial education classes
DIVISION OF FINANCIAL REGULATION CONSUMER FINANCIAL SERVICES INFORMATION	350 Winter Street NE Salem, OR 97301 Eligibility: Unrestricted Hours: Monday-Friday 8am-5pm (888) 877-4894 dfr.financialserviceshelp@oregon.gov	Consumer advocates provide information on a variety of consumer financial services issues,
FAMILY PROMISE OF LINCOLN COUNTY COMMUNITY CLASSES	5030 SE Highway 101 Lincoln City, OR 97367 Eligibility: Unrestricted 8am-noon	Offers life skills, parenting, financial literacy, nutrition, and second chance renters' classes periodically.
IMMIGRANT AND REFUGEE COMMUNITY ORGANIZATION ECONOMIC DEVELOPMENT	10301 NE Glisan Street Portland, OR 97220 Eligibility: Call for information Hours: Monday-Friday 8:30am-5pm info@irco.org (971) 271-6470	Provides training and accreditation services to provide home-based childcare, microenterprise development services, financial literacy training, and individual development accounts (IDAs).
OREGON STATE UNIVERSITY OSU COLLEGE OF BUSINESS CENTER FOR ADVANCING FINANCIAL EDUCATION	2751 SW Jefferson Way Corvallis, OR 97331 Eligibility: Unrestricted Hours: Monday-Friday 8am-5pm. cafe@oregonstate.edu	Provides advice, resources, and information to navigate college and make financial decisions
PEOPLE'S COLLECTIVE FINANCIAL LITERACY CLASSES	1695 Jefferson Street Eugene, OR 97402 Eligibility: Varies by service Hours: Varies by service Email (541) 654-0318	Provides financial literacy classes for community members and business owners. Childcare is available if requested.
ARC PORTLAND METRO ADULT PROGRAM SERVICES: CLUB IMPACT	6929 NE Halsey Street Portland, OR 97213 Eligibility: Age 18 and older, primary diagnosis of intellectual and/or developmental disability. Hours: Monday 6pm-8pm 503) 223-7279 info@thearcpdx.org	Provides information/referral assistance for adults and families with intellectual & developmental disabilities. Assistance with life management skills, arranging and managing community services, receiving financial entitlement programs based on disability, and



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GOODWILL INDUSTRIES OF LANE AND SOUTH COAST COUNTIES GOODWILL WORKFORCE DEVELOPMENT PROSPERITY PROGRAM	855 Seneca Road Eugene, OR 97402 Eligibility: Call for information Hours: Monday-Friday 9am-4pm 541) 431-3307 info@goodwill-oregon.org	Goodwill helps with money management, debt reduction, budget planning, and connections to community support programs and financial services.
KLAMATH HOUSING AUTHORITY HOMEPATH	1445 Avalon Street Klamath Falls, OR 97603 Eligibility: Unrestricted Hours: Monday/Thursday 9am-5pm Email (541) 884-0649 120	Offers homeownership counseling for first-time homebuyers and. Also offers a "Ready to Rent" workshop for those interested in renting a place to live.
DEVNW DEVNW CORVALLIS FINANCIAL WELLBEING SERVICES Salem and Oregon City	2525 SE Third Street Corvallis, OR 97333 Eligibility: Varies by program Hours: Monday-Thursday 8am-6pm (541) 752-7220 hello@devnw.org	Provides classes, workshops, and one- on-one counseling in the areas of homeownership and personal finance.
Oregon Saves	For general inquiries, email clientservices@oregonsaves.com Employer assistance 1-844-661-1256 Employee assistance 1-844-661-6777	Oregon Saves is the state of Oregon's retirement savings program that provides Oregonians with an easy and automatic way to save for the future.
unemployment insurance	Online Claim System, the automated Weekly Claim Line at 800-982-8920, or use the Contact Us form to send us questions and information.	If you have lost your job or had your hours reduced, you may qualify for unemployment benefits to partly replace your lost earnings.



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ANNUAL CREDITREPORT.COM ANNUAL CREDITREPORT.COM	Eligibility: Unrestricted Hours: Automated credit request line: 24 hours per day / 7 days per week 877) 322-8228	Provides an official website for requesting a free credit report once every 12 months from each of the three major consumer credit reporting companies: Equifax, Experian, and TransUnion.
Individual Development Account (IDA)	If you would like more information on the IDA program or our Youth IDA program, contact us via email at: IDA@devnw.org	Individual Development Accounts (IDAs) help you develop the financial skills needed to save for life-changing economic transformations.
DEVNW DEVNW SPRINGFIELD FINANCIAL WELLBEING SERVICES	212 Main Street Springfield, OR 97477 Eligibility: Varies by program Hours: Monday-Thursday 8am-6pm 541) 345-7106 hello@devnw.org	Provides classes, workshops, and one- on-one counseling in the areas of homeownership and personal finance

FOOD:

a. Food Pantries/Banks/Food Resources

Society of St. Vincent de Paul	3745 Portland RD NE Salem	We Provide: Food Assistance
Community Sharing	Telephone: 541-942-2176 1440 Birch Avenue, Cottage Grove, OR 97424	Services: Food Pantry every Monday,1:30 p.m 6:00 p.m. and Tuesday - Friday, 11:00 a.m 3:30 p.m. Eligibility Requirements. www.communitysharing.org
<u>Creswell Pantry</u>	Telephone: 541-870-2252 364 Cobalt Lane, Creswell, OR 97426	services: Food Pantry and "Grab and Go" meals every Thursday from 9:30 a.m noon.
FOOD for Lane County	Telephone: 541-343-2822 770 Bailey Hill Road, Eugene, Oregon 97402	Services: Food bank that distributes through a network of social service agencies and programs.



Oregon Food Bank	Telephone: 503-282-0555	Services: Network of Food Pantries and Meal Sites
Seventh Day Adventist	Telephone: 541-228-5401 820 S. 10th Street, Cottage Grove, OR 97424	Services: Free produce and grains every 3rd Monday,1:00 p.m 3:00 p.m. Call to schedule a food box order a few days prior to pick up.
Upriver Food Pantry	Telephone: 541-946-1821 37895 Row River Road, Dorena, OR 97434	Emergency food boxes available. Services: Food boxes/groceries every 3rd Friday of the month, 4:00 p.m 5:30 p.m.
Supplemental Nutrition Assistance Program (SNAP) Did you know SNAP recipients can now use their benefits on Instacart to buy groceries. www.instacart.com	Telephone: 541-942-9186 Department of Human Services (DHS): 305 Coop Court, Cottage Grove, OR 97424	services: SNAP offers food benefits to eligible, low-income individuals and families. Call 211 from any phone to sign up or go to the website
Bethel Food Pantry	HOURS: Sat: 9:30 am - 12:30 pm 2nd and 4th Sat. PHONE: (541) 688-9085 LOCATION: 4445 Royal Avenue Eugene, OR 97402	Hours and availability can change. Contact the food site directly using the information to learn more about what to bring, hours of operation and more. Free Groceries
Burrito Brigade	Email: info@burritobrigade.org Phone: 541-632-3239 Address: 1775 W 6th Ave Eugene, OR 97402 EIN: 47-3100942	Burrito Brigade has more than 50 Little Free Pantries in neighborhoods throughout Eugene and Springfield, as well as Veneta, Junction City, and Florence. Our volunteers check the pantries and stock them with food on a weekly basis. See addresses and map below for locations.
Bethesda Food Pantry	Office Hours Monday- Thursday 9am-1pm Phone 541-688-9085 Address 4445 Royal Avenue Eugene, OR 97402	Emergency Food Closet Monday – Friday, 9:00 – 3:00pm. There are a variety of non-perishable food items available.
Catholic Community Services of Lane County	Food Pantry Hours Monday, Wednesday,	Feeling strained by your weekly grocery bill? Hundreds of households rely on food



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https://www.ccslc.org/food-box- scheduler	Friday: 8am - 12pm Eugene Food Pantry 1464 West 6th Avenue, Eugene OR 97402 Springfield Food Pantry 1025 G Street, Springfield, OR 97477	boxes from our Springfield and Eugene Service Centers every month. Our friendly CCS staff members and. Stop by in person during our food pantry hours or contact us to learn more.
First Place Family Center	1995 Amazon Parkway, Eugene 541- 342-7728	Day Access Center for families with children under 18. Food, kitchen, laundry, showers, phone, mail service, computers with internet access, emergency shelter and housing services.
FISH Food Pantry	P.O. Box 2412, Eugene 97402 541-689-9750	They provide emergency food boxes, propane, or help paying for a medication to families in need.

B. Other Meal Options

AGENCY	CONTACT	NOTES
Meals on Wheels LCOG - Senior & Disability Services	Address: 1015 Willamette Street Eugene OR 97401	Congregate Meals/Nutrition Sites, Home Delivered Meals, Adult Foster Homes,
	Phone: Tel: (541) 682-4038 (Main)	Adult Residential Care Homes, Assisted Living Facilities
Senior Grocery https://www.foodforlanecounty.org/wp-content/uploads/2023/09/2023-CSFP-Application-1.pdf	(541) 343-2822 ext. 115 or <u>email</u> <u>here</u> .	To qualify for Senior Grocery, you must be 60 years of age or older and at or below 130% of the federal poverty level.
https://www.foodforlanecounty.org/wp- content/uploads/2023/09/Spanish-Application- Packet-2023.pdf		
. <u>Saturday Morning Breakfast</u> Agency Name: St. Mary's Episcopal Church	Address: 1300 Pearl Street Eugene OR 97401 Phone: Tel:(541) 343-9253 Email: Louise@saint-marys.org	Program Type: Congregate Meals/Nutrition Sites, Soup Kitchens Where Service is Provided: In the community



Positive Community Kitchen Agency Name:	Address: PO Box 11513 Eugene OR 97440	Program Type: Home Delivered Meals
Positive Community Kitchen	Phone: <u>Tel:(541) 249-4942 x102</u>	Where Service is Provided: Consumer's Home, On site
	Email: info@positivecommunitykitchen.org	
. Monday Meals Soup Kitchen Agency Name:	301 South River Street Newberg OR 97132	Program Type: Soup Kitchens
Zion Lutheran Church	Tel:(503) 538-1344	Where Service is Provided: On site
8. Home Delivered Meals Agency Name: Ivy's Cooking	Phone: Tel:(541) 485-4200	Program Type: Home Delivered Meals Where Service is Provided: In the community
Senior Meals - Cafe 60 - Junction City	Address:	Congregate Meals/Nutrition Sites,
Agency Name: LCOG - Senior & Disability Services	Viking Sal Senior Center 245 W 5th Street Junction City OR 97448	Administration Volunteer Opportunities,
	Phone: Tel: (541) 998-5367 (Main)	Food Production/Preparation/Delivery Voluntee Opportunities
	161. (341) 990-3307 (Maill)	Where Service is Provided: On site
. Self Sufficiency - Springfield Agency Name: Oregon Department of Human Services	101 30th Street Springfield OR 97478 Phone: Tel: (541) 726-3525 (Main) Tel: (541) 726-3529 (TTY/TDD)	Refugee/Entrant Cash Assistance, TANF, Childcare Expense Assistance, Food Stamps/SNAP, WIC, Medicare Enrollment, Refugee Resettlement Services, Economic Self Sufficiency Programs, Domestic Violence Hotlines
EPISCOPAL PARISH ST JAMES COMMUNITY MEALS	2490 NE Highway 101 Lincoln City, OR 97367	Provides hot meals to those in need.
	Eligibility: Unrestricted	1
	Hours: Monday/Thursday 5pm-6pm, Saturday 9am-10am	
	541) 994-2426 stjames@episcopalchurchlincolncity.net	17.7
FOOD SHARE OF LINCOLN COUNTY CALVARY BAPTIST MEALSITE COMMUNITY MEALS	903 SW Alder Street Newport, OR 97365	Provides emergency food to eligible individuals and families monthly.



2024		
	Eligibility: Must meet USDA income	
	eligibility criteria	
	Hours: Wednesday 4pm-5pm, Sunday	
	noon-1pm	
	(541) 265-5232	
	(541) 205 5252	
HOSEA YOUTH SERVICES	834 Monroe Street Grace Fellowship Church	Provides meals, clothing, laundry, personal hygiene items, showers, job training classes,
	Eugene, OR 97402	mentoring programs, referrals to other resources, and access to telephone services. For the winter
	Eligibility: Homeless youth ages 16-24	season, offering tents, sleeping bags, and
_	T	blankets.
	Hours: Monday-Thursday 11am-	
	6:30pm, Friday 11am-3pm	
	Lunch: 1pm	
6.3	Dinner: 5pm	
0	<u>(541) 344-5583 – </u>	1.0
P 0 0 11	info@hoseayouth.org) D
LOOKING GLASS COMMUNITY	941 W 7th Avenue	Homeless drop-in center for youth providing
SERVICES	Eugene, OR 97402	laundry facilities, phone use, temporary mailing
NEW ROADS		address, and showers.
NEW ROADS DROP-IN CENTER AND	Eligibility: Homeless and at-risk youth	9.9
MEALS	ages 16-21	Provides meals every weekday. Also provides
111111111111111111111111111111111111111	uges 10 21	street outreach, case management, mental health
	Hours: -Drop-in Center: 8:30am-	counseling, education, and assistance finding
	8:30pm / 7 days per week	housing.
	-Breakfast: Monday/Wednesday/Friday	nousing.
		F
	8:30am-9:30am	
	-Lunch: Monday/Wednesday/Friday	
	noon-1pm	
	-Snack: Monday/Wednesday/Friday	
	(541) 686-43103pm-3:30pm	
	james.ewell@lookingglass.us	
Mapleton Food Share	Address: 10718 OR-126, Mapleton,	Baked goods and desserts. Amidst the buzz of
13	OR 97453	volunteers and patrons, you can hear the quiet
	Phone: (541) 268-2715	hum of no less than 8 industrial sized
9		refrigerators and freezers, housing things like
		eggs, milk, cheese, and frozen meats and
		vegetables of all kinds.
SISTERS FARMERS MARKET	150 North Fir Street	Provides a farmers' market with local fresh
	Sisters, OR 97759	produce, meat products, artist's work, and live
	Sisteria, Olivinos	music in downtown Sisters.
	Eligibility: Unrestricted	maste in do witto wit blocots.
	zingiomity. Omesticud	
	Hours Sundays 10am 2nm	
	Hours: Sundays 10am-2pm,	
	<u>541) 904-0134</u>	
1.01.00	sistersfarmersmarket@gmail.com	
AGAPE FELLOWSHIP	1089 SW 50th Street	Provides a hot meal.
COMMUNITY MEALS	Lincoln City, OR 97367	



2024

2024		
	Eligibility: Unrestricted	
	Hours: Thursday noon-3pm	
	(541) 994-3166	

Grief and Loss:

AGENCY	CONTACT	ACCESSS	FESS	NOTES
Courageous Kids	458-205-7474 kpfeiffer@peacehealth.org	for youth (1st–12th grades)	17 =	Grief support program for youth (1st–12th grades) and their families, who have experienced the death of a loved on
Hospice of Sacred Heart	677 East 12th Ave., Suite N 110, Eugene 458-205-7400	Adults	00	Adult grief support groups, 8-week sessions
GRIEFSHARE SUPPORT GROUP LOCATOR	Hours: Phone hours: Monday- Friday 6:00am-2:00pm Group hours vary by location. (800) 395-5755 info@griefshare.org	Eligibility: Unrestricted		GriefShare is a Christian faith-based web resource that connects individuals to local bereavement support groups.
SAMARITAN HEALTH SERVICES SAMARITAN CENTER FOR HEALTH EDUCATION CENTER FOR HEALTH EDUCATION	740 SW 9th Street Newport, OR 97365 541) 574-4952 aconner@samhealth.org	Eligibility: Unrestricted Hours: Monday-Friday 8am- 5pm		Provides health and wellness classes, support groups, CPR classes, and resources that focus on prevention and/or managing existing conditions. . Also offers wellness consultations.
VICTIM SUPPORT SERVICES CRIME VICTIM SERVICE CENTER	Hours: Monday-Friday 9am- 5pm (425) 252-6081	Eligibility: Anyone that is a victim of a crime and their family.	7	Provides one-on-one advocacy, courtroom support, media intervention, help with completing crime victim compensation forms, support groups, therapy, information, and resource referral.
CAFA - Christians as Family Advocates	921 Country Club Rd. #222 Eugene 541-686-6000	ОНР	1.3	26-week anger management class.
Dynamic Interaction Skills	1400 High St, Eugene http://dynskills.com/	3.6		Anger management and communication trainings.



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Center for Community Counseling	1465 Coburg Rd, Eugene 541- 344-0620	Insurance not accepted. \$5-40 sliding scale		Anger management for parents. Free childcare may be available
South Lane Mental Health	Cottage Grove 541-767-4173	OHP / sliding scale		For clients of SLMH. Ongoing weekly anger management classes.
Cascade Hospice Bereavement 26	2650 Suzanne Way #200, Eugene 541-228-3083 dwolfe@cascadehealth.org	FREE	Espanol available	Individual / Family Counseling for those adjusting to death, loss, and grief.

HOUSING:

a. Affordable Housing

AGENCY	CONTAC	ACCESS	FEES	NOTES
	T		1000	0.00
DevNW	2525 SE Third Corvallis, OR 97333 Phone: 541-752- 7220 Oregon City 421 High St, Suite 110	https://devnw.org/affordable-homes/homeownership/ https://devnw.org/affordable-homes/commercial-real-estate-development/ https://devnw.org/affordable-homes/affordable-rentals/	0.00	affordable Homes We believe that access to affordable rental housing and real, viable pathways to homeownership (and home maintenance) are central to the health of our communities. We build and own a variety of affordable homes to both rent and buy.
	Oregon City, OR 97045 Phone: 503-655-8974 Salem 528 Cottage Street NE, Suite 1c, Salem, OR 97301 Phone: 503-779-2680	https://devnw.org/affordable-homes/youth-housing-initiative-clackamas-county/ https://devnw.org/affordable-homes/youth-housing-initiative-lane-county/		



	Springfield 212 Main Street Springfield, OR 97477 Phone: 541-345- 7106			
AFFORDABLE HOUSINGONL INE	Find 109 low- income apartments and rental assistance options in Lane County, OR –	including subsidized, public, senior HUD, and other government housing programs.		Low Income Apartments for Rent in Lane County, OR
Cornerstone Community Housing	Mailing Address P.O. Box 11923 Eugene, OR 97440 Office Address 1175 Charnelton St. Eugene, OR 97401	committed to building quality, affordable housing for people living on limited incomes while offering premier resident services.	800	High quality affordable housing, onsite services that promote personal growth & economic independence
Mainstream Housing Incorporated	(541) 484-4868	18+ Housing complexes located in Eugene, Springfield, and Cottage Grove.		Mainstream Housing has multiple locations that provide safe and appealing living environments for individuals with developmental disabilities and affordable living options open to community members with low incomes.



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b. Transitional Housing/Shelters

CONTACT	NOTES
ST Location 1143 Liberty St NE Salem, OR 97301 Phone: 503.588.5825	provides support, guidance, and shelter for transitional aged young adults ages 18–24 who are at-risk or facing homelessness.
Business Hours: Monday – Friday 8:00 a.m. – 5:00 p.m. Resource & Engagement Center: Monday – Friday 9:00 a.m. – 2:00 p.m.	HOST has 2 program components including a Resource and Engagement Center and a Transitional Living Program (TLP)
SquareOne Phone: (541) 525-0501 SquareOne E- mail: info@squareonevillages.org	Transitional Tiny Homes We also build non-congregated shelters as a more immediate response to our nation's housing affordability crisis.
1675 W 11th Ave, Eugene, OR 97402 Age: 11-24 (541) 343-2856	The Host Home Program offers all youth / young adults (YYA) experiencing homelessness access to safe, stable housing and resources as well as connections with other supports (reconnect with school, family members, mentors, service providers, etc.).
(541) 344-5583 https://www.hoseayouth.org/ Address: 834 Monroe Street Eugene, OR 97402 Age: 18-24	Through a partnership with SquareOne Villages, Hosea oversees 9 pallet shelters in the Eugene location. Contact Brad Bills for more information.
Age: 18-20, female identifying youth	Imagination House is a transitional independent living program for female-identifying young adults, ages 18-20 years old, who are currently in DHS custody or have experience with homelessness.
	ST Location 1143 Liberty St NE Salem, OR 97301 Phone: 503.588.5825 Business Hours: Monday - Friday 8:00 a.m 5:00 p.m. Resource & Engagement Center: Monday - Friday 9:00 a.m 2:00 p.m. SquareOne Phone: (541) 525-0501 SquareOne E- mail: info@squareonevillages.org 1675 W 11th Ave, Eugene, OR 97402 Age: 11-24 (541) 343-2856 (541) 344-5583 https://www.hoseayouth.org/ Address: 834 Monroe Street Eugene, OR 97402 Age: 18-24



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c. Rent/Utility Assistance

c. Rent/Utility	Assistance			
Navigation Empowerment Services Team (NEST)	Location: 323 E 12th Ave, Eugene OR 97401 Phone: 541-342-1295 Email: General Inquiry Contact Form	Tuesday through Thursday, 9:30am to 12:30pm and 2:00pm to 4:00pm at	People experiencing homelessness in the Eugene- Springfield area.	White Bird Clinic is helping people with phone access, EBT card replacement, direct express cards, ID and birth certificate assistance, rental, and security deposit assistance, navigating housing lists
Northwest Human Services	Crisis & Information Hotline: 503-581- 5535 Available 24/7/365	A 000	04400	If you live in Marion and Polk County, NWHS can provide access to an emergency food boxes as well as limited emergency assistance to prevent utility disconnections and eviction, and to pay for life- sustaining prescription medications.
Congregations Helping People	820 Jefferson St. NE Salem	Sign		congregations Helping People (CHP) serves people in danger of becoming homeless and those who need immediate support.
Polk County Resource Centers	182 SW Academy ST, Suite 220 Dallas			Polk County Resource Centers, located in Dallas and Monmouth, helps with: Emergency Financial Assistance • Rent & utilities
Salem Electric Energy Assistance	633 7th Street NW Salem		1000	Salem Electric's Energy Assistance Program is available to qualifying Salem Electric members
Silverton Area Community Aid	421 S Water St. Silverton			Silverton Area Community Aid provides: Financial Assistance Rent/mortgage Utilities (electricity, gas, water, etc.)
Catholic Community Services:	Eugene (541) 345-3628 Springfield (541) 345-3628 ext. 324 Times: Wednesday 9:00 am Address: 1464 w 6th Ave, Eugene, OR, 97402 1025 G St, Springfield, OR, 97477	Age: 18+	Spanish speaking staff available	The waitlist opens each Wednesday at 9am as funding is available. Once on the list, our housing navigator will reach out to do a screening.
Looking Glass: New Roads	Times: Monday-Friday 8:00am- 4:00pm Address: 941 W 7th Avenue, Eugene, OR, 97402	ME	1800	Youth who are head of households (if you have your own lease) can come here to get money for move-in deposits, or if you have a 72-hour notice, you can request funds to pay



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	Age: 16-24 (541) 302-2551		that. *If you know you're going to be short on rent, call them in advance

d. Landlord Tenant Laws

AGENCY	CONTACT	NOTES
Eugene Emergency Minor Home Repair	99 W 10th Ave, Eugene 541-682-5446	Zero-interest loans / grants to correct conditions that create an immediate safety threat.
Springfield Home Improvement Program	225 5th St., Springfield 541-726-2358	No-interest, deferred loans for eligible homeowners for heating, roofing, painting, doors, windows, dry rot, foundation, electrical, plumbing, weatherization, handicap access
65/1	100/00	

e. Housing Agencies/Landlord Tenant Laws

AGENCY	CONTACT	NOTES
Downpayment Assistance	Have more questions? Contact your local DevNW office.	Are you saving to buy a home? DevNW provides a combination of education, counseling, and, in some instances, financial assistance to help you make your dream of homeownership a reality. You may be eligible for downpayment assistance when funding is available. Get the process started today by taking our <i>Homebuying Foundations</i> class (required to qualify for assistance). Para español elige aqui
HOMES FOR GOOD	177 Day Island Rd, Eugene 541-682-3755 300 W Fairview, Springfield	Wait list for low-income housing. Includes rent subsidies (Section 300 W Fairview, Springfield 8). Apply online or in person. www.homesforgood.org
HUD/Section 8	Leander Solutions ATTN: Housing Assistance 651 N Hwy 183	Section 8 Housing Choice Voucher program offers a subsidy to help pay for rent. Anyone who is living in Oregon, is a US citizen or permanent



2024		,
	Ste 335-135 Leander, TX 78614 https://www.applysectioneight.com/contact	resident, and over 18 can apply for Section 8. Eligibility is primarily determined by income.
Catholic Community Services of Lane County	541-345-3628 1464 W 6th Eugene / 1025 G St, Springfield	There is a lottery for housing counseling. Call or inquire at the front desk about the next lottery day
Fair Housing Council of Oregon	Fair Housing Questions & Complaints 503-223-8197 Ext. 2 (Interpreters Available)	Enforces fair housing laws related to discrimination.
	800-424-3247 Ext. 2 (Interpreters Available) or contact HUD at 800-877-0246	
Community Alliance of Tenants.	1320 NE 63rd Ave, Portland, OR 97213 (503) 460-9702 Hotline: 503-288-0130	Renter's rights hotline. Mon, Wed, Thurs, 3-7 pm
Housing and Human Services Programs	https://www.eugene-or.gov/1356/Housing	For housing discrimination complaints based on the housing practices code.
		The City of Eugene offers a suite of housing resources available to community members. Some of these programs are available whether you live in an affordable housing unit.
St. Vincent de Paul Second Chance Renters' Education Program	Cost: By donation Age: 16+	An 8-series class to help lay the foundation of what people need to know to become successful and responsible tenants.
	Address: 456 Highway 99 N, Eugene, OR 97402 (541) 607-0439	Second Chance participants receive a certificate of completion and performance guarantee that is honored by landlords throughout Lane County.
Habitat for Humanity of Central <u>Lane</u>	The cost of the project must be between \$500-\$2500. 541-741-1707	Zero-interest loans for low-income homeowners for minor exterior home repairs such as painting, ramps, gutter, fence, deck or stair repair, and overgrown brush removal.
		See website for eligibility details: https://habitatlane.org/home-repair/
Affordable Housing Trust Fund	Contact Questions about the Affordable Housing Trust Fund	Down-payment assistance for qualifying families who can secure loan & pay mortgage
	Laura Hammond Email Phone: 541-682-5502	



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f. Shelters

AGENCY	CONTACT	NOTES	
Looking Glass Station 7	(541) 689-3111 24/7 helpline 1 (888) 689-3111 Address: 931 W 7th Avenue, Eugene, OR, 97402 Age: 11-17 **can sometimes accommodate 18–21-year-olds depending on available beds.	Looking Glass Station 7 is an emergency shelter that emphasizes family reconciliation. It offers youth a safe location to go when they feel afraid or have run away from home.	
Egan Warming Center **open during winter months when temperature dips below 30**	Call to confirm. Times: November 15 – March 31 Address: First United Methodist Church, 1376 Olive Street, Eugene, OR 97401 Age: Max age 21	St. Vincent de Paul Egan Warming Center is open seasonally. The hours of operation depend on the temperature, facilities open when overnight temperature is forecasted below 30 degrees F.	
Community Supported Shelters:	Address: 1160 Grant Street, Eugene, OR, 97402 Spanish speaking staff available (541) 683-0836	Community Supported Shelters provides shelter options for individuals age 18+ experiencing homelessness. provide extensive support that empowers clients to stabilize and rebuild their lives.	
St. Vincent de Paul Annex Night Shelter:	Address: 1995 Amazon Pkwy. Eugene, OR 97405 Age: Families with children. (541) 342-7728	This is a 90-day transitional housing for families with children. Families qualify through completing a housing assessment at First Place Family Center.	

g. Homeless Prevention Resources/Services

Navigation	323 E 12th Ave, Eugene OR	Tuesday	Free- People	White Bird Clinic is helping people with phone
Empowerment	97401	through	experiencing	access, EBT card replacement, direct express
Services	Phone: 541-342-1295	Thursday,	homelessness	cards, ID and birth certificate assistance, rental,
Team (NEST)	Email: General Inquiry Contact	9:30am to	in the	and security deposit assistance, navigating housing
	<u>Form</u>	12:30pm	Eugene-	lists, OHP, and addiction service referrals.
		and		



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_	_	2:00pm to 4:00pm	Springfield area.	
Community Sharing Program	541-942-7933 1440 Birch Ave. Cottage Grove 541-942-2176			Help to avoid eviction / foreclosure or assist with rental entry costs. Food boxes, firewood, utility & prescription
New Roads Looking Glass Community Services	Program Phone: 541-686-4310 New Roads School: 541-302-2551	Youth	alla	assistance, showers, laundry, & propane. Support finding housing for homeless youth, 16-21 yrs.
	941 West 7th Avenue - Eugene, OR 97402	01	000	200
ShelterCare	499 W 4th Ave, Eugene, OR 97401 541-686-1262 scadmin@sheltercare.org	Monday Friday 8:30 AM - 4:30 PM		Assistance getting on the centralized wait list for affordable housing, 12-18 month wait list
15th Night Community Movement.	info@15thNight.org			Support homeless youth in accessing resources and services, such as: clothing/shoes, personal care products, backpacks, food, housing specialist, transportation, doctor's appointments, counseling, mentors/peer support, youth advocate, application assistance, library cards, etc.
				600

IDENTIFICATION:

a. 1D/ID Replacement/Birth Certificate/Replacement

AGENCY	CONTACT	NOTES
Navigation Empowerment Services Team (NEST)	Location: 323 E 12th Ave, Eugene OR 97401 Phone: 541-342-1295 Email: General Inquiry Contact Form	White Bird Clinic is helping people with phone access, EBT card replacement, direct express cards, ID and birth certificate assistance, rental, and security deposit assistance, navigating housing lists, OHP, and addiction service referrals.
	Tuesday through Thursday, 9:30am to 12:30pm and 2:00pm to 4:00pm	Reference of the second



Registering to vote is easy at: https://secure.sos.state.or.us/orestar/vr/register.do	Find out who your federal, state, and local elected officials are and their contact information at:	
Social Security Office	https://www.usa.gov/elected- officials: 2504 Oakmont Way, Eugene 1-800-772-1213	It is free to get a new social security card! Visit the Social Security office in person or mail your application in with a valid
	1-000-772-1213	state issued I.D. Monday-Friday 9am-4pm., Wednesday closes at noon
Lane Independent Living Alliance (LILA)	20 E 13th Ave Eugene, Oregon 97401	Independent living skills classes, service navigation, counseling, support groups, clubhouse, ID assistance.
	541-607-7020 Hours: 9 am-4 pm Monday-Thursday Email: lila@lilaoregon.org	
Job Connections (Goodwill)	1010 Green Acres Road • Eugene, OR 97408 (541) 345-1801 • (541) 345- 1739 fax	Assistance with birth certificates and IDs for Job Seeking STEP participant
Eugene Mission	1542 W 1st, Eugene 541- 344-3251	Assists overnight guests who are in case management with obtaining ID's. Most birth certificates are \$20-30 & a new state ID card is \$44.50
Change name with Social Security	Available in most U.S. time zones Monday – Friday 8 a.m. – 7 p.m. in English and other languages. Call +1 800-772-1213 Tell the representative you want to update your name. Call TTY +1 800-325-0778 if you're deaf or hard	You'll make this change by requesting a replacement Social Security card. We'll mail your free replacement card after we update your record.
Legal Name Change	of hearing. Please contact us if you have any questions.	by calling 503-373-1323 or toll-free (Oregon only), 1-888-559-9090 .
	We can be reached by email at ACP@doj.state.or.us or	18.55



Name and Sex Change	https://www.courts.oregon.gov/services/online/Pages/iforms.aspx

b. Insurance	
AGENCY	CONTACT
Oregon Health Plan (OHP)	Contact information Oregon Health Plan (OHP) Application questions: 800-699-9075 (toll-free) Coverage questions: 800-273-0557 (toll-free)
Oregon Health Insurance Marketplace	855-268-3767 (toll-free) info.marketplace@odhsoha.oregon.gov Contact us Sign up for text message alerts. Sign up for our newsletter for updates.
Oregon Health Plan	Health Coverage for Low-Income Oregonians The Oregon Health Plan (OHP) is Oregon's Medicaid and Children's Health Insurance Program. It provides health care coverage for people from all walks of life. This includes working families, children, pregnant adults, single adults, and seniors. Apply for OHP today.
<u>Health Plans</u>	Our goal is to streamline your shopping process by quickly providing you with a range of affordable healthcare options. To do that you are connected to licensed agents to search through plans in your area to help you find options that may fit your needs and budget!



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LEGAL SERVICES/ALTERNATIVE DISPUTE RESOLUTION:

Restorative Justice Coalition of Oregon (RJCO) RJCO is a coalition of Oregon restorative justice practitioners and programs. We promote and support the implementation and practice of restorative justice principles and models in Oregon's justice, law enforcement, educational and other community institutions. http://rjoregon.org/welcome

a. Alternate Dispute Resolution Services

AGENCY	CONTACT	ACCESS	FEES	NOTES
SCRC The Student	1691 Columbia Alley, Eugene 541-346-0617	Free	No Spanish translation available	Conflict resolution support for U of O students and student organizations.
Conflict Resolution Center	scrc@uoregon.edu			Consultation, coaching, and facilitation of difficult conversations
Conflict Artistry LLC	(541) 283-6445 contact@conflictartistry.org	Voluntary Direct-Action Community- Based Diversion	Our process relies on several community referral sources, primarily nonprofit	We believe that Restorative Justice can provide alternatives to a harmful criminal legal system.
			organizations, social	



2024		Free access for Grant funded program	service agencies, and individual community members	By addressing conflicts within the community, before system contact, Restorative Justice processes can better facilitate the prevention and reparation of harm.
Resolve Resolve Youth Restorative Justice	Petersen Barn Center 870 Berntzen Rd., Eugene 541- 285-8901 Ellen Swanson Email Washington Park Center 2025 Washington St. Eugene, OR 97405	(Ages 12-17)		A restorative justice program that allows youth who have committed non-violent crimes an opportunity to repair harm.
Center for Dialogue and Resolution (CDR	Cell: 541-285-8901, 541-344-5366 <u>info@lanecdr.org</u> Mon - Fri: 9:00am - 5:00pm 93 Van Buren St, Eugene	X		Mediation for tenant disputes, family issues, foreclosures, teen parents. Restorative Justice program and training.
RESOLUTION S NORTHWEST	4531 SE BELMONT STREET SUITE 300 PDX, OR 97215 503-595-4890 info@resolutionsnorthwest. org			Equity Informed Mediation and Mediator training.
Lane County FAMILY MEDIATION	151 W. 7th, Suite 360, Eugene 541-682-3962	FREE 1st session. Discount if on SNAP	Spanish Interpreter	Custody, parenting time, & financial mediation
Cow Creek Band of Umpqua Tribe of Indians Peacemaking Court Program	2371 NE Stephens Street Roseburg, OR 97470 (541) 672.9405 (800) 929.8229 EMAIL ADDRESS info@cowcreek-nsn.gov	All persons seeking to appear before the Tribal Courts, other than pro se, are required to be first admitted to the Cow Creek Tribal Bar. Tribal Court Clerk at 541-672-9405.		The mission of the Cow Creek Band of Umpqua Tribe of Indians Tribal Court is to provide to the Tribe, Tribal members, and others, access to justice that is administered in a fair, equitable, and respectful manner under the law.
Emerging Adult Program (EAP)	deschutessafe@dcda.us 1164 NW Bond St. Bend, OR 97703	17	young adult offenders (18–24-year-olds)	The EAP is designed to help young adult offenders (18–24-year-olds) earn a no-file



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	(541) 317-3175 (541) 330-4698			on a recent criminal charge by participating in a community facilitator-led restorative justice circle. It is a voluntary program.
Restorative Roots Project	The Insight Alliance 1621 NE 2nd Ave Portland, OR 97232 contact@theinsightalliance. org (503) 543-1800		Multnomah County	Young adults (18-30 years) charged with First- and Second-Degree Robbery, and/or Assault in the Second Degree, will be referred to this program. The person who experienced harm and the responsible person(s) must both consent to the referral. All participation in the program is
Lutheran Community Services Northwest – Restorative Justice Service	605 SE Cesar E. Chavez Blvd. Portland, OR 97214 PHONE 503-231-7480 EMAIL Email Us			voluntary. Portland Community Justice Partnership (PCJP) gives people who have been impacted by a crime a safe space to heal from the harm and a voice in determining the best solution for redress.
Mediators in Eugene	541-345-1629. https://mediate.com/contact		1000	This website lists professional mediators in the Eugene area, their qualifications, and contact info.
. Six Rivers Dispute Resolution Center – Columbia Gorge Region Restorative Justice Program	Email: info@6rivers.org Hood River: 601 Cascade Ave. Goldendale: 116 W. Main St. (541) 386-1283 (888) 628-4101 info@6rivers.org		Contact us for a free consultation.	We provide affordable conflict resolution services through mediation and restorative justice.
Resolve Center for Dispute Resolution and Restorative Justice — Restorative Justice for Southern Oregon	1237 N Riverside Ave #25 Medford, OR 97501 Phone: (541) 770-2468 • Email	Monday - Thursday, 9:00am - 5:00pm or by appointment	N/A	Resolve offers ongoing partnerships or one-time interventions for schools, juvenile justice, youth corrections, law enforcement, fire districts, victim services, businesses, and other community stakeholders.



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b. Immigration Services

b. Immigration Services		
AGENCY	CONTACT	NOTES
IMMIGRANT AND REFUGEE COMMUNITY ORGANIZATION ECONOMIC DEVELOPMENT	10301 NE Glisan Street Portland, OR 97220 Eligibility: Call for information Hours: Monday-Friday 8:30am-5pm info@irco.org (971) 271-6470	Provides training and accreditation services to provide home-based childcare, microenterprise development services, financial literacy training, and individual development accounts (IDAs).
IMMIGRANT AND REFUGEE COMMUNITY ORGANIZATION IRCO AFRICA HOUSE ECONOMIC DEVELOPMENT	709 NE 102nd Avenue Portland, OR 97220 Eligibility: Call for information Hours: Monday-Friday 8:30am-5pm (971) 271-6470 8040 NE Sandy Boulevard Suite 200 Portland, OR 97213 Eligibility: Call for information Hours: Monday-Friday 8:30am-5pm Email (971) 271-6470	Provides training and accreditation services to provide home-based childcare, microenterprise development services, financial literacy training, and individual development accounts (IDAs).
PORTLAND COMMUNITY COLLEGE METRO OPPORTUNITY CENTER OPPORTUNITY CENTER	5600 NE 42nd Avenue Portland, OR 97218 Eligibility: Varies by program Hours: Varies by program or class 971) 722-2000 pmwtcrooms-group@pcc.edu	Provides career exploration focusing on immigrant, refugee, and non-native English speakers. Offers skills-based training, workshops, and noncredit classes on healthcare, manufacturing, technology, and construction trades. and the Steps to Success program for Temporary Assistance for Needy Families (TANF) are available.
Self Sufficiency - Springfield	101 30th Street Springfield OR 97478	Refugee/Entrant Cash Assistance,
Agency Name:	Phone:	TANF, Childcare Expense Assistance,



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Oregon Department of Human Services	Tel: (541) 726-3525 (Main) Tel: (541) 726-3529 (TTY/TDD)	Food Stamps/SNAP, WIC, Medicare Enrollment, Refugee Resettlement Services, Economic Self Sufficiency Programs, Domestic Violence Hotlines

c. Advocacy Groups and Legal aid

AGENCY	CONTACT	ACCESS	NOTES
Center for Trauma Support Services	PO Box 14925, Portland, OR 97293 (971) 220-2877 Email: info@thectss.org	We provide important support services and provide referrals as needed.	We are unique in that our agency responds to victim/survivor needs without regard to type of crime, or if the crime has been reported, whether it has just happened or is twenty years later.
Just Outcomes Consultancy	Damascus, OR (503) 212-4160 Email: info@justoutcomesconsulting.com	East Oregon	
Clackamas County Juvenile Department	Phone: 503-655-8342 2121 Kaen Road Oregon City, OR 97045 Office Hours: Monday through Thursday, 7 a.m. to 6 p.m. Email: jkellington@clackamas.us	24-hour Intake and Assessment Center Phone: 503-650- 3180	The goals of this approach are youth offenders are held meaningfully accountable, crime victims are heard and empowered, and communities are engaged both as stakeholders that have been negatively impacted and as advocates to make things right for the crime victim, offender, and community.
Oregon Department of Corrections - Victim Services Unit	2575 Center St NE Salem, OR 97301 1 (888) 749-8080 Email: VictimServicesProgram@doc.state.or.us		Victim Services can provide information, services, support, and resources. It is our promise to treat all crime victims and survivors with dignity and respect while providing our services with the hope of reducing the challenges you face during post-conviction.
Clackamas County Resolution Services	2051 Kaen Road, Suite 210, Oregon City, OR 97045 (503) 655-8415, option 1 Email: rs@clackamas.us	_	Solve Disputes Resolution Services is a program of Children, Family & Community Connections.



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Partnership for Safety & Justice Policy Advocacy	221 NW 2nd Ave, Suite 209, Portland, OR 97209 (503) 335-8449 Email: info@safetyandjustice.org		It centers survivors of violence and people impacted by the criminal justice system. In collaboration with partner organizations throughout the state, we aim to empower, develop, and guide advocates in their journey to healing, influence, and change within the criminal justice system or wherever their passion for reform leads them.
Community Mediation Services for Polk County	Street Address: 320 SE Fir Villa Rd Dallas OR 97338 PO Box 1194 Dallas OR 97338 503) 623-3111 Email: vorpcmsfms@gmail.com		 Victim Offender Mediation Community and Family Mediation
restorative Justice & Equity Group	Beth Hoover, 1704 NE Taurus Court, Bend, OR 97701 (541) 382-5129 Email: restorativejusticeequity@gmail.com	Public K-12 Schools And Community	Here in Bend, Oregon, the RJ&E Group promotes these restorative justice principles in the Bend-La Pine school district, by working alongside local educators, activists, and social workers.
Western Restorative Justice and Reentry Center	Maaske Hall 209 345 N. Monmouth Ave. Monmouth, OR 97361 (503) 838-8358 Email: restorativejusticeand reentry@mail.wou.edu	Research	The center works on broad programs relating to restorative justice, reentry, law enforcement, corrections, and cultural competency in criminal justice, and in essence has resources to support agencies spanning the entire breadth of the criminal justice system.
Ecumenical Ministries of Oregon	245 S. Bancroft St. Suite B Portland, OR 97239 Email: emo@emoregon.org		WE RESPOND TO THE NEEDS OF OREGONIANS TO CREATE A MORE JUST, COMPASSIONATE, SUSTAINABLE AND PEACEFUL WORLD. AND WHAT DOES THE LORD REQUIRE OF YOU? TO ACT JUSTLY AND TO LOVE MERCY AND TO WALK HUMBLY WITH YOUR GOD. MICAH 6:8



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Lincoln Community Dispute Resolution	112 Graham Street, Toledo, OR 97391 Mailing Address: P.O. box 2157 Newport, OR 97365 (541) 264 – 0121 Secondary number: (541) 574-9846 Email: RJ email: Paadadfcyouth@gmail.com Secondary email: lincoln1997@gmail.com	We provide conflict resolution services to residents and organizations in Lincoln County, giving people the opportunity to peacefully resolve disputes without involving the courts or government agencies.
Neighbor To	Marion County/main office: 945 Columbia St NE, Salem OR 97301 Email Marion County: n2nmediation@gmail.com Marion County: (503) 585-0651	A Community Dispute Resolution Center
Neighbor	Linn/Benton County office: 308 Broadalbin Street SW Albany, OR 973211 Linn Benton county: n2nBentonLinn@gmail.com Linn Benton County: (541) 223-4189	

NOTARY:

Brie Park Mobile Notary	Contact
₹50IA	541.972.0937
	BriePark.MobileNotary@Gmail.com
	Opening Hours
91	Daily
1/2	7:00 am - 8:00 pm
13/	After Hours
	+\$30 Fee



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King Mobile Notary Service	
	(541) 579-8973
	king@mobilenotaryor.com
	https://kingmobilenotaryor.com
Leah's Mobile Notary, LLC	Serving Eugene & Springfield, OR
	Call or Text: (541) 497-3136
	leahgeocaris@gmail.com
	Hours: Mon – Fri: 9:00am – 5:00pm
McKenzie Mobile Notary	541-688-8791; 541-510-8976
	2607 Donegal St
	Eugene, OR 97404
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MENTAL HEALTH AND MEDICINE:

a. Mental and Behavioral Health Services

	Taking New Clients?			
	Contact	Counseli ng	Insurance	NOTES
Applegate Counseling LLC	(541) 344- 5978	Yes	Medicaid Private	Individual, couples, family, adolescent counseling. Complete "Request Appointment" on website for referral.



Arise Counseling Service LLC	541-321- 2278	Yes	Medicaid Private	Complete "request appointment" on website. Offers individual, couples, family, adolescent counseling.
Betts Psychiatry	541-505- 8621	Yes	Medicaid Private	Fill out an online referral form. https://www.bettspsychiatric.com/psychiatry-eugene%e2%80%8b-patient/
Benson Health Clinic	541-345- 1722	No	Medicaid Private Medicare	Therapy full. NP are accepting new pt; 2-3 month wait. YA fax referral or self-referral by calling to get on waitlist. No Trillium and Medicare currently.
Bridges Community Health		Yes	Medicaid Private	Complete "request appointment" on website
Cedar Psychiatric Associates	541-731- 4600		Emailed to ask about ins.	Check website to see if currently accepting new patients. If accepting, fill out online form: https://hushforms.com/admin927
Center for Family Development	541-342- 8437	Yes	Depend on provider accepting	Complete Enrollment Form online: https://esign.c-f-d.org/enrollment-form/
Centro Latino Americano	541-687- 2667	Yes	OHP Moda	
Champion Family Therapy	541-343- 7200	Yes, for OHP	Medicaid Private	Offers individual, couple, family counseling. Medicaid: Complete online self-referral form: https://www.championfamilytherapy.com/new-ohp-client Not accepting new for private.



Creative Spirit Collaborative	541-514- 7997	Yes	OHP Private	Individual providers in a co-op contact everyone to see if they are accepting new pt. https://creativespiritcollaborative.com/services/
Directions Service	(541) 344- 7303	Not able to get a hold	Not able to get a hold	Youth & family, children & adolescents with disabilities. Call to inquire
Emergence Addiction and Behavioral Health	Eugene 541-393- 0777 Springfield 541-746- 4041	Yes	Unsure	Call to complete the phone screening first. Multiple locations: Eugene, Springfield, Albany, Cottage Grove, Florence DUI Diversion program, addiction gambling support.
Eugene Center for Anxiety and Stress	(541) 357- 9764	No – updates weekly	OHP Private	Click on "Request and Appointment" to see weekly updates on openings.
Griffin and Associated Practitioners	541-343- 1728	Yes	OHP Private	
Looking Glass Counseling Program	541-484- 4428	Yes	OHP Private	Youth & adult. Counseling, residential, voc/ed. Call to refer.
Mindwise Counseling – Florence 541-991-9585 https://www.mindwisec ounseling.net/		Yes - rolling	Unsure	Individual, family, and group counseling. Call to request intake.
NW Psychiatry 541-684-0154 https://www.nwpsychiatry.com/	Yes		NO Medicaid Private	Fax referral or self-refer by calling office.



Oasis Mental Health	Yes (under		OHP	Updated as of 12/30/2021
541-636-9846	18)		Private	Adult & Children
http://www.oasismh.co				
<u>m/</u>				
Options Counseling		Yes – on	OHP	Call after 10am each day to check for
541-687-6987		a rolling	Private	available new patient openings on a 2-week
https://wp.options.org/		basis		rolling basis. Opening will determine which
				insurance they are accepting.
			300000	Offers family support. Various locations
0 0 1	**	***	OUD	throughout OR.
Oregon Community	Yes – wait	Yes –	OHP	Connections Program: outpatient therapy
Programs	list	wait list	3000	program for families of youth ages 4-17.
(541) 743-4340	0000		0 7 60	Wrap around services. Call to inquire more.
https://www.oregonco	600	- July		1162 %
mmunityprograms.org/ Oregon Psychiatric	Yes		OHP	Fill out online form to get on waitlist (bottom
Partners	168		Private	of page)
541-726-9912	WAR !		Tivace	https://oppclinic.com/services%2Finsurance
https://oppclinic.com/				intps://oppermic.com/services/021 insurance
Restorative		Yes	-	EMDR. Trauma, Postpartum Depression,
Counseling				anxiety specialty
541-632-3826				Email to refer
https://www.restorative				restorativecounselor@gmail.com
counselor.com/				
South Lane Mental	Yes	Yes	OHP	Call to refer.
Health - Cottage				
Grove				
(541) 942-3939		387		
https://www.slmh.org/p		7 397		
<u>rograms/</u>	-4			
Ctuoma Intert1				
Strong Integrated		STA !		Also has a Corvallis Location.
Behavioral Health				Also has a Corvallis Location.
Behavioral Health 541-393-5983				Also has a Corvallis Location.
Behavioral Health 541-393-5983 http://www.strongibh.c		1		Also has a Corvallis Location.
Behavioral Health 541-393-5983 http://www.strongibh.c om/			OVE	
Behavioral Health 541-393-5983 http://www.strongibh.c	Yes	Yes	OHP Private	Also has a Corvallis Location. Call to refer for intake.



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https://www.thechildce nter.org/outpatient-			
progam/			
Thrive Behavioral			Children & adolescents. Does offer RX
Health			management.
541-246-7263			Unable to connect with someone.
https://www.thrivebeha vioral.com/			
NAMI Oregon	147 SE 102nd Ave. Portland, OR 97216 Phone: 503- 230- 8009 or 800- 343-6264 (not a crisis line) Email: namiore gon@namior.or g		
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Willamette Valley Psychiatric Medicine 541-344-5363 https://www.wvpsych.c	No	Private only	
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c. Medical Access

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NATIVE AMERICAN RESOURCES:

AGENCY	CONTACT	ACCESS	NOTES
Cow Creek Band of Umpqua Tribe of Indians Peacemaking Court Program	2371 NE Stephens Street Roseburg, OR 97470 CONTACT NUMBERS (541) 672.9405 (800) 929.8229 EMAIL ADDRESS info@cowcreek-nsn.gov	All persons seeking to appear before the Tribal Courts, other than pro se, are required to be first admitted to the Cow Creek Tribal Bar. The Tribal Bar admission application, Tribal codes, and Tribal constitution may be obtained by contacting the Tribal Court Clerk at 541-672-9405.	The mission of the Cow Creek Band of Umpqua Tribe of Indians Tribal Court is to provide to the Tribe, Tribal members, and others, access to justice that is administered in a fair, equitable, and respectful manner under the law.
Confederated Tribes of Siletz Indians – CARE Program	541-444-2532 1-800-922-1399 Fax: 541-444-2307 Address 201 SE Swan Avenue PO Box 549 Siletz, OR 97380	Tribal Members	The Siletz Tribe offers many different services and programs for Tribal members with the goal of serving the needs of the community. These services are run by various departments, and each have their own application processes, eligibility requirements, and guidelines.
NATIVE AMERICAN YOUTH AND FAMILY CENTER MICRO ENTERPRISE	5135 NE Columbia Boulevard Portland, OR 97218 (503) 288-8177 280	Eligibility: Self-identified Tribal members Hours: Varies	Provides technical assistance, training in business skills, assistance writing business plans, access to financial business counseling, individual development accounts (IDAs), and other support for individuals who want to establish a small business.
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OTHER RESOURCES:

AGENCY	CONTACT	NOTE
The AgriSafe Network	8342 NICC Drive Peosta, IA 52068 (866) 312- 3002 Send us an email	The AgriSafe Network, a non-profit organization, represents health professionals and educators who strive to reduce health disparities found among the agricultural community.
NAMI Oregon	147 SE 102nd Ave. Portland, OR 97216 Phone: 503-230-8009 or 800-343-6264 (not a crisis line) Email: namioregon@namior.org	Don't know where to start? We answer questions about mental health resources available to you via phone at 503-230-8009 or email at namior.org . Neither of these contact options should be used in cases of emergency. Visit our "get help now" page for crisis resources.
Mid-Valley Resources	Our team will follow up with you within 72 hours to confirm your requests. PH: 1.800.560.5535 Available 24 Hours a Day 7 Days a Week 365 Days a Year https://www.midvalleyresources.org/contact-us	a database of resource information for the Salem, Oregon area, including Marion and Polk Counties. We aim to provide up to date information so you can find the help you need when you need it. You can search for things like financial help for rent and utilities, food boxes and meal sites, homeless services, low-cost medical clinics, counseling services and more!
Oregon Human Development Corporation	1585 N Pacific Hwy Woodburn	Oregon Human Development Corporation (OHDC) is a farmworker-serving non-profit and the state's only culturally specific community action agency. OHDC
Salvation Army Assistance Services	1977 Front St. NE Salem	The Salvation Army of Marion and Polk Counties helps those in need through a variety of outreach efforts both in and outside
Society of St. Vincent de Paul	3745 Portland RD NE Salem	We Provide: Food Assistance (COVID-19 Update: Some food pantries and meal sites are adjusting their services in response to COVID- 19
Need Help Finding a Resource?	Call Us! 1.800.560.5535 or 503.581.5535 We are available 24/7/365	
ACCENT NETWORK UKRANIAN SUPPORT SERVICES	10175 SW Barbur Boulevard Suite 309B Portland, OR 97219 Eligibility: Ukrainian immigrants, refugees, and asylum seekers Hours: Monday/Wednesday 10am-8pm	Helps with multiple aspects of employment transition such as resume writing, digital literacy skills, and evaluation for credentials; skill, qualification, and needs assessments; job finding assistance; and small business development training. Also, may help in navigating health and



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	Email (971) 280-6738	social services systems, as well as money management counseling services.
NEIGHBORIMPACT HOMESOURCE	2303 SW 1st Street Redmond, OR 97756 Eligibility: Eligibility varies by program. Residence, income, and/or age requirements may apply. Hours: Hours vary Email (541) 323-6567	helps households buy, maintain, and sustain affordable home ownership through various programs: -First-time home ownership classes and counseling -Financial literacy classes, individualized financial coaching, and credit counseling -Down payment assistance loans, reverse mortgage counseling, mortgage payment assistance, and help with property taxes
WASHINGTON STATE UNIVERSITY VANCOUVER SMALL BUSINESS DEVELOPMENT CENTER	915 Broadway Vancouver, WA 98661 Eligibility: Current or prospective for-profit business owners Hours: No standard hours 833) 492-7232 washington@wsbdc.orgbuck.heidrick@wsbdc.org	Provides counsel to new and existing businesses through personalized training and workshops. Assists with business and marketing plans, financial proposals, and provides market research assistance.

P.O.C RESOURCES:

AGENCY	CONTACT	ACCESS	NOTES
CASA LATINOS UNIDOS BASIC NEEDS, CIVIC ENGAGEMENT, AND COMMUNITY AND CULTURE	1205 NW Garfield Avenue Corvallis, OR 97330 541) 512-4949 casa.latinos.unidos@gmail.com	Eligibility: Members of the Latinx community Hours: Monday- Friday 9am-5pm	Provides transportation and interpretation services, as well as help filling out forms (e.g. W-2s, job applications, rental forms, appointments with other agencies) Provides navigation and enrollment services for the Oregon Health Plan Provides assistance with documentation of discrimination and opportunities to discuss issues that may be affecting the Latino community Provides possible assistance to families during emergency situations in addition to wraparound support



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GUIDANCE 2 GREATNESS BEYOND REENTRY	Hours: 24 hours per day / 7 days a week (503) 575-7612	Eligibility: Age 18 and older Reentry Training for women ages 16-24	Provides workshops in leadership training, financial literacy, and civic engagement Assists with criminal record and eviction expungement, job development, workplace training, financial literacy, felony rights, and reentry training focusing on the African American and BIPOC community. May be able to provide program participants with supplies such as personal protective equipment and a desktop computer.
	500	1000	9 6

QUEER/LGBTQIA+:

AGENCY	CONTACT	NOTES
White Bird Clinic	341 E 12th Ave, Eugene OR 97401 24/7. 541-687-4000	24-hour crisis (trained to work with transgender folks).
		They provide walk-in crisis intervention at They will send Cahoots to come get you and/or provide phone counseling 24/7.
Looking Glass Crisis Hotline	541-689-3111	24 hours. They are a hub for the most appropriate resources for the situation at hand.
		They have a crisis response team that goes out to support youth/families in crisis.
Hope and Safety Alliance	541-485-6513	24-hour crisis line providing trauma informed and survivor centered services to all survivors of domestic and sexual violence.



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Hourglass Crisis Center	541-505-8426 You can walk into 71 Centennial Loop, Suite A, Eugene, OR 97401, anytime 24/7,	Hourglass Community Crisis Center serves individuals who need short-term, mental health crisis assessment and stabilization. They can even help you with a ride if you call, and they will be with you and assess next steps.
The Trevor Project LGBTQ Crisis Lines Trevor Lifeline 1-866-488-7386	TrevorChat Support which can be accessed over on their website. http://www.thetrevorproject.org/pages/gethelp-now Trevor Facebook Crisis Text Line https://www.facebook.com/crisistextline/ The Trans Lifeline Be aware you may need to call more than once to get through. They will not call emergency services without your explicit consent. 877-565-8860	A crisis intervention and suicide prevention phone service available 24/7. TrevorText Available Monday through Friday between 3–10pm EST/12–pm PT. Text "Trevor" to 1-202-304-1200 TrevorText Second Option Crisis counselor available 24/7. Text 741741
National Suicide Prevention Lifeline	1-800-273-8255	

RE-ENTRY/ post-incarceration:

	**************************************	Market Comments of the Comment
GUIDANCE 2 GREATNESS	Eligibility: Age 18 and older	Assists with criminal record and eviction expungement,
BEYOND REENTRY	Reentry Training for women ages 16-24	job development, workplace training, financial literacy,
	Hours: 24 hours per day / 7 days a	felony rights, and reentry training focusing on the
	week	African American and BIPOC community
	<u>(503) 575-7612</u>	28
	g2g@guidance2greatness.org	



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SPONSORS INCROSS SHEPARD REENTRY RESOURCE CENTER	338 Highway 99 N Eugene, OR 97402 Eligibility: Anyone in Lane County with a conviction history.	Provides employment, housing, and resource support to individuals with conviction histories. Services include job counseling, interview preparation support, and educational workshops on resume writing, saving, and budgeting, and job/housing search strategies
	Hours: Monday-Friday 8am-5pm	
	541) 505-5682 ccampbell@sponsorsinc.org	
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SENIOR AND DISABILITY SERVICES:

TRANSPORTATION:

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VETERAN SERVICES:

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Oregon Veterans Emergency Financial	700 Summer St. NE	The Oregon Veterans' Emergency
Assistance Program	Salem	Financial Assistance Program is for
		veterans and their immediate family
		(spouse, un remarried surviving spouse,
	77	child,
https://worksourceoregon.org/contact	For help in a language other than	The U.S. Department of Labor has
	English, call the WorkSource Oregon	implemented priority of service for



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WorkSource Oregon	Language Access Line at 833-685- 0845.	veterans and eligible spouses in all employment, training, and placement services in any workforce preparation program funded by the U.S. Department of Labor. If you served in the U.S. Armed Forces or are an eligible spouse, please let us know
	affective:	
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YOUTH SERVICES:

AGENCY	CONTACT	ACCESS	NOTES
LOOKING	Address	Youths,	We offer a wide array of programs to get lives
GLASS	1790 W 11th Ave, Suite 200, Eugene, OR 97402	Children,	back on track.
COMMUNITY	1648, 508 E Whiteaker Ave, Cottage Grove, OR 97424	Families	
SERVICES			Services offers a range of programs and services that may be creatively combined to serve children, teenagers, adults, and families.
Helping Our	Phone: 541-342-8255	Fees: Paid by	(HOOTS) provides on-site integrated health care
Teens in	Email: General Inquiry Contact Form	partnering	clinics and tragedy response support to a few high
Schools (HOOTS)	40.1 1/ 1/C	school districts and individual	schools in the Eugene/Springfield area.
(110013)	(3.3)	schools.	



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		Eligibility: We serve teens in partner schools throughout Lane County	
Youth Line	CALL 877-968-8491 TEXT 'teen2teen' to 839863 CHAT Online sspw@linesforlife.org		Sometimes, we just need to get through today. So, try taking it one step at a time. We've listed resources and brainstormed some creative ways to stay connected that you can try when you're feeling overwhelmed.
Mini-Grants and Support for Schools	https://forms.gle/Zm3QmkJK7VtBPuya7	2 00	We are excited to offer mini grants for the 3rd year! Contact the Statewide School Suicide Prevention Manager at SSPW@linesforlife.org with any questions
St. Francis Family Shelter	1820 Berry St. SE Salem		St. Francis serves families with children under age 18 living in Marion and Polk counties in Oregon. They are dedicated towards helping families
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		8009	

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